

# Glastonbury Community Acupuncture Program



Rushford at Glastonbury

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Rushford at Glastonbury now offers acupuncture treatments that can provide relief and relaxation in a comfortable community setting. These treatments are based upon ancient Chinese acupuncture methods that can bring holistic health to your body and your mind.

The World Health Organization confirms that acupuncture is a safe and effective complementary treatment for many health conditions. Acupuncture treatments can be helpful to many people in the areas of:

- Depression
- Stress
- Weight loss
- Emotional trauma
- Quitting smoking
- Addiction withdrawal
- Chronic pain
- Arthritis
- Anxiety
- Fatigue
- Insomnia



*As with any medical treatment, please contact your primary care physician prior to embarking upon any new health care practice.*

For more information  
or an appointment, call  
**1.877.577.3233.**

**Rushford**   
A Hartford HealthCare Partner

# Glastonbury Community Acupuncture Program



## Rushford at Glastonbury

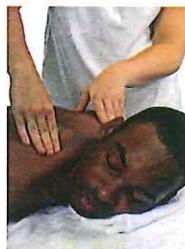
With the help of a grant from the Sestero Fund at the Hartford Foundation for Public Giving, Rushford at Glastonbury offers acupuncture sessions at its location at 110 National Drive, Glastonbury, Connecticut.

All sessions are conducted by a state-licensed acupuncturist who is supervised by a state-licensed and board-certified medical doctor. Community clinics are offered twice a week with evening hours available.

Glastonbury residents:  
\$15.00 per 45-minute session

Non-Glastonbury residents:  
Please call for sliding scale fees

Please call **1.877.577.3233** to schedule an appointment.



Glastonbury Residents:  
Visit the Rushford at Glastonbury

## Resource Library



The Rushford at Glastonbury Resource Library is now open! Visit and peruse materials relating to addiction and mental health issues, as well as books, DVDs, and CDs on the many integrative therapies now being used in conventional medical settings as a complement to traditional medical treatments.

Rushford offers both residential and outpatient services for people seeking help with substance use and mental health issues at locations in Glastonbury, Middletown, Meriden, Portland and Durham.

**At Rushford, Recovery Never Stops. Neither Do We.**

For more information, please call  
**1.877.577.3233**, or visit  
[www.RecoveryNeverStops.org](http://www.RecoveryNeverStops.org)



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