

The Sharing Tree

Your source of information at the Glastonbury Senior Center.

Office Hours:		Main Information Number	(860) 652-7638
Monday - Friday	8:00 am to 4:30 pm	Dial -A-Ride Numbers:	
Tues. & Thurs.	8:00 am to 8:30 pm	Reservations:	(860) 652-7643
Saturday	9:00 am to 3:30 pm	Cancellations:	(860) 652-7638

September 2017



SEPTEMBER IS

NATIONAL SENIOR CENTER MONTH!

The 2017 theme is: Senior Centers: Masters in Aging!

Be your own Master and join us!



**National Senior Center Month Luncheon
Thursday, September 14, 2017**

12:00 pm - Lunch served

12:30 pm - 1:15 pm Entertainment

Cost: \$4.00 Special Ticket Required

Enjoy a delicious BBQ chicken lunch with rice, carrots, salad, roll and cheesecake.

Entertainment provided by Jeff Wieselberg, renowned local singer and keyboard player who will entertain us with a fabulous array of familiar tunes for a good old fashioned sing along. (Senior Center Trivia Game with prizes).

Flu Clinic - Tuesday, September 26

10:00 am - 1:00 pm

Riverfront Community Center

Sponsored by the Glastonbury Senior Services Department and Healthy Choices. Featuring the Flublok Influenza vaccine. (Insurance Card and ID required). For more information call:



**Audrey Hepburn
Movie Marathon
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Featured "NEW" Classes & Activities

Aging Mastery Program (AMP)
Wednesdays, October 4 - December 6
10:00 – 11:30

The Aging Mastery Program is designed to inform, encourage and support older adults as they take steps to improve their lives and engage with their communities. AMP is about feeling better today and staying healthy for the future. Through this ten week class you will learn new skills that can make a big difference in your health and well-being. (See flyer for more details)

Additional Days for Indoor Walking

M, Tu, W, & Th 12:15 - 12:45 pm

With four days available to walk you have no excuse to sit still. You can walk at any speed. Any increased activity is good for your.

Landscapes using Mixed Media

Mondays, October 2, 16, 23 & 30, 2017

10:00 am - Noon

Cost: Resident: \$40.00

Non-Resident: \$50.00

Create one vista, one bird's-eye view, one nocturnal and one seascape, using mixed media. No experience necessary.

Line Dancing for Beginners 12:00 - 12:45 pm
Thursdays, October 5 & 19, 2017

November 2 & 16, 2017

Cost: Resident: \$15.00

Non-Resident: \$18.00

Learn the basic steps of this fun and challenging dance with others who are just beginning as well.

Zumba Gold Mondays 12:30—1:15 pm

October 16 - December 18, 2017

Cost: Resident: \$35.00

Non-Resident: \$40.00

(Special Introductory offer)

Perfect for active seniors who are looking for a modified Zumba class that recreates the original dance at a lower-intensity with easy-to-follow choreography, focusing on balance, range of motion and coordination. Come ready to have fun and leave feeling strong.



**HAVE YOU SCANNED
TODAY???**



Your participation in all activities at the Senior Center needs to be recorded. Don't have a scan card?? See someone in the office to get yours - only takes a few moments!

AARP Chapter # 2010 News:

AARP BOARD MEETING:

Tuesday, September 5, 2017

10:00 am

AARP GENERAL MEETING:

Tuesday, September 19, 2017

Noon

PROGRAM:

A historical program has been planned in which we will learn about Outhouses from the past. Georg Papp, Sr., Outhouse restorer and author, will present his "no-nonsense" approach to privies. We will learn about early American outhouse etiquette, how a good sized seat is determined, and the purpose of the crescent on the door.

UPCOMING TRIPS: 2017 Trips:

October 10

Aqua Turf Club - Jimmy Sturr, Polka King

October 22

Log Cabin - Neil Diamond Tribute

December 4

Aqua Turf Club - Christmas Memories

To register: Contact Diane Mansur @ 860-569-6745 for additional information

AARP Smart Driver

Thursday, September 21, 2017

8:30 am - 12:30 pm

Cost: \$15.00 for AARP members; \$20.00 for Non-members. Check payable to AARP due upon advance registration. The insurance discount afforded to seniors taking the course is a minimum of 5% for a period of 2 years if you are 60 years of age or older.

The Seafood Express

Fresh Salt - Old Saybrook, CT
Wednesday, September 13, 2017
 10:45 am Leave RCC

Approximate Return to RCC: 2:30 pm
Transportation Cost: Resident: \$7.00
Non-Resident: \$9.00

Welcome to one of southern Connecticut's favorite waterfront dining destinations that's comfortable and relaxed. Fresh Salt: Voted one of Connecticut's Top 25 Most Gorgeous & Delicious Outdoor Dining Spots – *Connecticut Magazine*.

Restaurant \$\$

Flanders Fish Market & Restaurant

East Lyme, CT
Wednesday, September 20, 2017
 10:30 am Leave RCC

Approximate Return to RCC: 2:30 pm
Transportation Cost: Resident: \$7.00
Non-Resident: \$9.00

Flanders Fish Market is Connecticut's largest full-service restaurant and award-winning fresh seafood marketplace, recently inducted into the CT Hospitality Hall of Fame and voted 'Best Seafood' 2017 runner-up in Connecticut Magazine.

Restaurant \$\$



Hollister Garden Tour -
Washington, CT
Monday, September 18, 2017
 9:00 am Leave RCC

Approximate return to RCC: 5:00 pm
Cost includes transportation and tour
(meal on own): Resident: \$17.00
Non-Resident: \$20.00

(proper foot wear required - uneven grounds with gravel walkways).
 Beautifully situated on a sloping, terraced site in the rolling hills of Litchfield County in northwestern Connecticut, Hollister House Garden is an American interpretation of such classic English gardens as Sissinghurst, Great Dixter and Hidcote, formal in its structure but informal and rather wild in its style of planting. Prior to the garden tour we will dine at Hidden Valley Eatery Restaurant, with its rustic, country-quiet charm and thoughtfully sourced New American eats and gourmet breakfasts.

Restaurant \$\$



Keeping you Informed

The Sharing Tree newsletter is now available in larger size font for those with any vision challenges. It is also available electronically. Please contact the office to obtain an enlarged copy or to be placed on the monthly email distribution list.


Going forward we will let you know how much walking is involved on an outing and the general price range of entrees at restaurants.


See key below:

\$ Entrées range from \$15.00/\$20.00

\$\$ Entrees generally above \$20.00

 Very little walking

 Moderate amount of walking

 Significant amount of walking



Ritz & Glitz
Port n Starboard



Ocean Beach - New London
Friday, September 22, 2017
 10:30 am Leave RCC -

Approximate Return to RCC: 4:30 pm
\$7.00 Transportation fee payable to:

Town of Glastonbury

Cost: \$25.00 Checks payable to
Senior Resources

Buffet Dinner: Prime Rib, Rosemary Chicken,
Vegetables, Red Roasted Potatoes, Rolls,
Coffee, Dessert & Cash Bar
Entertainment by Airborne Jazz
(Dancing & Multiple Raffles).

Don't miss your chance to join hundreds of seniors throughout Eastern CT at this annual fun-filled event celebrating Senior Centers!



CHARTERED BUS TRIPS

Checks made payable to:

"Tours of Distinction"

Flyers available at Senior Services

COVERED BRIDGES OF VERMONT

Thursday, October 12, 2017

6:30 am Leave RCC

7:30 pm Approx. Return RCC

Cost: \$115.00 payable to

"Tours of Distinction". Register

no later than Monday, September 28, 2017.

There are just over 100 authentic covered bridges in the state of Vermont and Deborah Carbin, a local guide will give the history timeline of Vermont and the towns we travel through. We will make a stop at the Quechee Gorge Village, known as "Vermont's Little Grand Canyon," one of New England's most popular natural wonders.

Bentley's Restaurant will be our stop for lunch- Please select one of the following: **Elm Street Wrap** (Ham, turkey, Bacon, Cranberry Mayonnaise, Lettuce and Tomato on a wrap), or **Woodstocker** (Grilled Chicken Breast, Cheddar Cheese, Bacon, Lettuce and Tomato on a Croissant), or **Rice Bowl** (Steamed Brown Rice with Chicken or Salmon, Veggies and Sauce). All entrees are served with Seasonal House Salad and Dessert.

"ANNIE GET YOUR GUN" – NY

Westchester Dinner Theater



Wednesday, October 25, 2017

8:30 am Leave RCC

7:15 pm Approx. Return RCC

Cost: \$127.00 payable to "Tours of

Distinction". Register no later than

Wednesday, October 4, 2017.

We're off to Westchester Dinner Theater for lunch which includes an extensive menu to choose from! Choices vary from Pasta, Fish, Beef, Chicken, and a Vegetarian option. All options come with assorted Rolls, Salad, and vegetables followed by Dessert. Then sit back and enjoy the show, *"Annie Get Your Gun"*. Irving Berlin's score is filled with memorable hit songs like, *"Anything You Can Do, I Can Do Better,"* and *"They Say It's Wonderful"*.

Featured Classes and Activities

Book & Author Discussion Group Thursday, September 21, 2017

10:30 am



Facilitator: Geri Andrew

No charge or registration needed

"Brothers Karamazov" by Fyodor

Dostoyevsky - The Brothers Karamazov is a passionate philosophical novel set in 19th century Russia, that enters deeply into the ethical debates of God, free will, and morality. It is a spiritual drama of moral struggles concerning faith, doubt, and reason, set against a modernizing Russia.

Upcoming books-

October - *"Everyone was so Young"*

November - *"The Farming of Bones"*

December - *"The Children Act"*.

Technology



Computer Assistance by appointment

Tuesdays

9:00 am - Noon

Facilitator: Ron Massimino - Individuals can set up 30 minute appointment blocks for assistance with computer help.

To make an appointment please call: (860) 652-7638.

Mac, iPad, or Smart Phone Assistance

Thursdays beginning September 21, 2017

Facilitator: Ann Hayman

1:30 pm - 3:00 pm

Individuals set up 30 minute appointment blocks for assistance with their Apple product or Smart phones. Please bring your Mac/iPad/Smart Phone to your appointment.

To make an appointment please call: (860) 652-7638.

Computer Basics - Email I

Tuesday, September 19, 2017

3 pm - 5 pm

by Nicole Cignoli, Reference Librarian,

Welles-Turner Memorial Library -

Maximum of 12 attendees

Workshop prerequisites: proven knowledge of how to use computer, mouse, keyboard, web browser and internet skills. **Reservations are required. Call 860-652-7720.**

Evening & Weekend Programs & Events

UCONN DAIRY BAR TRIP

Thursday, September 21, 2017

Leave the RCC: 4:00pm

Return to RCC: 7:00pm

Cost: Resident: \$7.00

Non-Resident: \$9.00

(Ice cream on your own)



Enjoy a nice night out with your friends, and some of the best ice cream around! Come and check out the new and improved renovations! Enjoy the scenic ride through rural Eastern Connecticut.

Coloring for Stress Relief

Thursdays

5:30 pm – 7:00 pm

Studies have shown that coloring is very beneficial to adults as it lowers stress levels and blood pressure! Come join your friends and socialize for a relaxing and stress free time. Supplies will be provided.

Prior registration is required.

Painting Workshops



Saturdays, September 9 & 23,
2017

October 7 & 21, 2017
9:30 am - 11:30 am

Join other art enthusiasts twice a month to work on paintings or drawings. No instructor - Bring your own supplies - Call 860-652-7638 to register.

Ukulele Big Sing

Saturday, October 28, 2017

Noon - 1:00 pm

No Fee, just beautiful music
– Open to the Public



Sit back and Sing-a-Long with Jim Rosokoff and forty plus Ukulele players as they play hit songs from across the decades. This popular event draws people of all ages! Lyrics for the songs are projected for easy reading. Stop by for a fun afternoon activity!



Connecticut Women's Hall of Fame

**"Celebrating 300 Years of
Connecticut's Remarkable Women"**
Tuesday, September 12, 2017 5:30 pm
Call (860)652-7638 to register

Join us for an interactive multi-media program by the Connecticut Women's Hall of Fame and learn about some of our state's most remarkable women! This presentation will introduce you to the Hall, its mission and programs, and give you a panoramic view of some of its 115 Inductees from across all fields of endeavor, from politics and sports to the arts and sciences.

**"Pushing Past No": Overcoming Obstacles
on the Path to Success**

Tuesday, September 19, 2017 5:30 pm
Call (860)652-7638 to register

Has anyone ever told you that you couldn't succeed? How have you proved them wrong? Join us for an interactive multi-media program by the Connecticut Women's Hall of Fame and be inspired by the stories of some of Connecticut's remarkable women who overcame obstacles and objections to achieve great things!

Upcoming Series of Talks

Tuesdays 5:30 pm

October 17, 2017

"Powerful Voices"

October 24, 2017

"Connecticut's African American Heroines"

November 14, 2017

"Connecticut's Remarkable Jewish Women"

November 21, 2017

"Women & War"

*"If you obey all the rules,
you miss all the fun."*

- Katharine Hepburn

Social Services News

Glastonbury Social Services and Senior Outreach Call 860-652-7634 if you want to:

SPEAK with a member of the Social Work staff

FIND out what programs you may qualify for

MAKE an APPOINTMENT for any financial assistance applications

Get REFERRALS to appropriate programs and services

Learn about and/or apply for MEDICARE

If you wish to see a particular worker you may still call them directly, otherwise, please call Social Services & Senior Outreach at 860-652-7634

Theresa Buckson: 860-652-7640

Susan Strayer: 860-652-7652

Susan Parrotta: 860-652-7636

Additional Veteran's Exemption – Last month to apply

Applications for Additional Veteran's Exemption **from property tax** are being taken through Friday, September 29, 2017. Income limits, based on 2016 figures, are \$35,200 for an individual and \$42,900 for a married couple.

Income includes Social Security, all interest, taxable and non-taxable income. You are required to provide a copy of your federal income tax return, if filing, and/or copies of all your interest and income statements and also the Social Security end-of-year statement (SSA-1099).

For more information or an appointment, please contact Social Services at 860-652-7634 or the Assessor's Office at 860-652-7600. Home visits can be scheduled as needed.

Renters Rebate – Last month to apply

Renters Rebate application will be accepted through Friday, September 29. Glastonbury residents age 65 or older by 12/31/2016 or those receiving Social Security Disability are eligible if their 2016 income was \$35,200 or less for an individual or \$42,900 or less for a married couple. There is no asset limit for this program. The following documentation is required:

- 1) Income for 2016 – SSA 1099 required; income tax, if filed, or all 1099s if not
- 2) Monthly rent paid in 2016
- 3) Monthly utilities paid in 2016
- 4) Proof of disability if not on Medicare and below age 65

Appointments are necessary. Please contact Social Services at 860-652-7634 to request an appointment or for more information.

Foodshare

The Foodshare truck will be at First Church of Christ, 2183 Main Street, Glastonbury from 10:00 to 10:45 on Wednesdays September 13 and September 27. Mobile Foodshare is an outdoor food distribution for persons of low income. The food choices vary from week to week but usually include bread and several types of fresh produce. Other items may also be offered depending on availability. Please remember to bring a bag or box with you to carry your food.

Carol's Closet

A ministry of St. James Church, the paper pantry provides paper and personal products to Glastonbury residents. It is open the third Saturday of each month, which will be September 16, from 10 AM to 12 noon at St. James, 2584 Main Street. They may be reached at 860-633-8333 for questions.

Back to School Program

Thank you for your generous support of the annual Back to School Program! You helped children from Glastonbury families in financial need be prepared for school with backpacks and supplies. The students and their families thank you for your kindness!

ENERGY ASSISTANCE

Help with heating costs is available for qualified individuals through the Energy Assistance Program. Glastonbury Social Services will begin taking applications for those households that heat with deliverable fuels (such as oil or propane) on **Sept. 15th**, by appointment only. Please keep in mind it may be up to 6 weeks for your application to be processed by CRT, so make your appointment as soon as possible! (The earliest date for deliverable fuel authorizations is usually the second week of November.) Utility-heated households may apply for Energy Assistance as of **Oct. 10th**. The income limit of this year's program has not been set as of this writing, but last year's income limits were: \$33,880 for an individual; \$44,305 for a household of two. Homeowners have a liquid asset limit of \$15,000 and renters, \$12,000, but any assets over those amounts may be added to your annual income to see if you still qualify. More information and appointments are available by calling. Information regarding required documentation will be provided when you make an appointment.

FOOD BANK

The Glastonbury Food Bank, with the great support of the community, helps approximately 50 households a month with food and personal items. Your contributions of non-perishable food items and personal items, as well as cash contributions are always welcomed. Donations may be brought to the RCC office. As a reminder, we do not accept expired food items. For more information, or if you could use the help of the Food Bank, please call Senior & Social Services at **860-652-7634**.

Support Group News**"EYE OPENERS" LOW VISION SUPPORT GROUP Friday, September 22, 2017**

The Low Vision Support Group will meet on from 10:00 - 11:30 in the Special Activities Room at the Riverfront Community Center. This group is open to any person living with low vision. Members learn from one another and guest speakers. Refreshments are served. For more information or to receive meeting announcements, call Susan Parrotta, 860-652-7636.

The Caregiver Support Group Tuesday, September 12, 2017 1:30 pm - 2:30 pm

Calling all caregivers! Are you feeling stressed and overwhelmed? You are not alone! Taking care of a beloved parent, relative or significant other can be the most difficult and rewarding job you will ever have! If you are planning to attend or for more information, please contact Susan Parrotta (860) 652-7636 or email susan.parrotta@glastonbury-ct.gov.

Bereavement Support Group Wednesdays, September 6 & 20, 2017 2:00 pm- 3:30 pm

Have you had a family member or friend die recently? Are you experiencing the "symptoms" of grief such as the inability to eat or overeating; loss of sleep or need for too much sleep; lack of concentration and feelings of hopelessness? Joining this group will provide you with support and strategies to cope. This group is co-sponsored by Hartford Healthcare at Home and Glastonbury Senior Center. Call Bill Pilkington, Bereavement Support Counselor at (860) 969-5442 for additional information.

The Friendship Circle Memory Program

The Friendship Circle Memory Program is a social engagement program designed for Glastonbury Seniors with early stage dementia. The program provides the opportunity to gain the many benefits derived by being active and socially engaged in a supportive group environment.

Activities are coordinated by a trained Program Coordinator and volunteers. The program offers a variety of engaging mental and physical activities including music, arts and crafts, exercise, puzzles, and plenty of opportunities to enjoy the company of others. The Friendship Circle meets 3 days a week- Tuesday, Wednesday, and Thursday usually from 9:45 to 12:45 pm. A monthly fee of \$100.00 is charged. Lunch and transportation are included. For more information contact 860-652-7638.

Cozy Corner Café News

You can place your order via phone (860)368-4535, or in person ahead of time. Enjoy healthy combinations with fresh produce, yogurts and snacks. (Open Monday - Friday 9:30 am—1:30 pm).

Cozy Corner Evening Café

Subway Sandwiches, Chips, Beverage and Dessert

Tuesdays, September 12 & 19 4:45 pm

Thursdays, September 7 & 28 4:45 pm

Cost: \$4.00

Tickets may be purchased ahead of time in the office or at the Welcome Desk

Special Diet Requests Procedure

For those individuals who may have special dietary needs or prefer a vegan or meat free diet, we will now stock foods to meet your needs on a given day. Please contact the office the day prior. *Thank you.*

11:45 am Lunch 12:15 pm Program (If Planned)

Ticket Prices: \$2.50 per person includes hot entrée, vegetable, dessert & beverage.

\$5.00 per Guest (does not live in town and/or not a senior citizen).

\$4.00 Special Ticket includes Meal & Program (*Registration Required*)

All menu items are subject to change without notice when unforeseen circumstances occur.

September Lunch Entrée Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chef's Choice
4 CLOSED Labor Day	5 NO LUNCH	6 NO LUNCH	7 NO LUNCH	8 NO LUNCH
11 All Beef Hot Dog	12 Wheel of Fortune Baked Cod Fish	13 Stuffed Shells w/ Meat sauce	14 National Senior Center Luncheon BBQ Chicken	15 Cheeseburger
18 Birthday Party & Financial Fraud Bingo Chicken-ala-King	19 Words within Beef & Broccoli	20 Meatballs & Spaghetti	21 "The Aging Process" Video Shepherd's Pie	22 Breaded Fish on A bun
25 Swedish Meatballs w/egg noodles	26 Baked Pork Chops	27 Name That Tune Baked Ham Mac & Cheese	28 Herb Stuffed Fish	29 Chef's Choice

**IMPORTANT NOTICE
SHUTDOWN MAINTENANCE WEEK**

The Kitchen/Dining room will be closed and no lunch will be served
during the week of September 4 - 8, 2017.
The Cozy Corner Café will be open regular hours during the day that week.
(9:30 am — 1:30 pm)

National Senior Center Month Luncheon

Thursday, September 14, 2017

12:00 pm - Lunch served

12:30 pm - 1:15 pm Entertainment

Cost: \$4.00 Special Ticket Required

BBQ chicken lunch with rice, carrots, salad, roll and cheesecake. Entertainment provided by Jeff Wieselberg. (Senior Center Trivia game with prizes)

Lunch, Learn, Sing...

12:15 pm

Wheel of Fortune

Tuesday, Sept. 12



Enjoy the challenge of this iconic game with your friends.

Financial Fraud Bingo

Monday, Sept. 18

Join us for a fun, interactive way to remind ourselves about protecting our personal information and our finances! We discuss banking scams, investment fraud, cyber security, credit and debt management, and more. This program is being offered by the Department of Banking in collaboration with AARP's Fraud Watch Network. Presented by: Kathleen Titsworth, Banking Education Coordinator Connecticut Department of Banking

Words within Puzzle

Tuesday, Sept. 19

Put your thinking cap on and join the fun as we identify words within. Guaranteed to help stimulate your brain.

"The Aging Process" Fritz Coleman, Weathercaster (YouTube video) Thursday, Sept. 21

Fritz Coleman was the Keynote speaker at the 2014 Conference on Aging in Pasadena. He is a weathercaster plus standup comedian. Be prepared to laugh out loud!

Name That Tune

Wednesday, Sept. 27

Jennifer is back to challenge our knowledge of songs...so can you Name That Tune?



Health and Wellness News

Free Blood Pressure & Wellness Clinic Wednesdays RCC 9 am – 12 pm

Glastonbury's Community Health Nurse will be conducting the above clinic this month. Blood pressure, medication, diet questions, symptom management and other health related concerns can be addressed. Walk-ins are encouraged. **(NO WELLNESS CLINIC ON SEPTEMBER 13, 2017)**

Flu Clinic Tuesday, September 26, 2017 RCC 10:00 am - 1:00 pm

Sponsored by the Glastonbury Senior Services Department and Healthy Choices.

Featuring the Flublok Influenza vaccine. **(Insurance Card and ID required)**. For more information call (860)652-7638.

Hearing Screening & Aids Serviced Tuesday, September 19, 2017 10:00 am – noon

Call 860 652-7638 to schedule your appointment. A free hearing exam will be conducted by a licensed hearing specialist. Hearing aids will be cleaned, checked and minor adjustments made.

Healthy Foot Clinic

Thursday, September 14 and Monday, September 25, 2017 RCC 8:40 am – 3:30 pm

Appointment Required – Call (860) 652-7638 to schedule an appointment

Cost: \$29.00 – check made payable to: Pedi-Care

Walk-ins will not be accepted. Payments must be made at the time of your visit.

Dial-A-Ride Shopping and Schedule Information

For All Reservations Call: (860) 652-7643 For Cancellations Call: (860) 652-7638

Information Line Call: (860) 652-7638

Weekly Shopping: For residents who live north of Hebron Avenue (Zone A)

Mondays - Stop & Shop (Glastonbury Blvd.)

1st & 3rd Tuesdays of the month: Shop Rite

For residents who live south of Hebron Avenue (Zone B)

Thursdays - Stop & Shop (Oak Street)

2nd & 4th Tuesdays of the month: Shop Rite

Mall Shopping Trip: Buckland Mall Wednesday, September 13, 2017

10:00 am Depart RCC 2:30 pm Return to RCC Transportation fee: \$5.00

You may register for the monthly shopping trip at anytime during the month.

Other Transportation Options

FISH Phone: (860) 647-3911 Transportation for Glastonbury residents to out of town medical appointments is available Tuesday through Friday from Glastonbury to the following towns: Hartford, East Hartford, West Hartford, Manchester, Rocky Hill and Wethersfield. Please note: pickup can be no earlier than 8:00 am and no later than 4:00 pm. FISH also transports to the Farmington Health Center for appointments between 10:00 am. and 2:00 pm. You must request a ride by noon of the previous day. FISH is unable to transport wheel chairs; parking fees are the responsibility of the rider.

American Cancer Society's Road to Recovery Transportation Service

Phone: 1(800)227-2345. They can provide transportation for doctors' appointments and treatments. Patients must be ambulatory. Requests must be made 3 business days before the appointment.

A.D.A. Transportation, CT Transit This service provides door-to-door service for any purpose to persons unable to use regular CT Transit bus service, if the pick-up and destination is within their service area. (7 days a week with a charge of \$3.00 each way). For application and info, call:

(860) 724-5340



Movies At the Riverfront Community Center



For the movie programs, popcorn and an iced beverage will be available. There is no charge for these programs and no reservations are needed. ***Due to the length of movies and other circumstances there will be no previews*** If you wish to recommend a movie, please complete a suggestion form in the Senior Center office. ***Please be respectful to others during the movie by turning off cell phones and refraining from talking during the movie.***

Monday Movie Madness **Movies start promptly at 1:00 pm**

September 11 *"Breakfast at Tiffany's"* (1961) ◆◆◆◆ Starring: Audrey Hepburn, George Peppard and Patricia Neal - A flighty young New York social butterfly becomes complicatedly smitten with a young man in her apartment building. NR/Romance/114 minutes.

September 18 *"How to Steal a Million"* (1966) ◆◆◆◆ Starring: Audrey Hepburn and Peter O'Toole - A woman must steal a statue from a Paris museum to help conceal her father's art forgeries. Not Rated/Comedy/120 minutes.

September 25 *"Roman Holiday"* (1953) ◆◆◆◆ Starring: Audrey Hepburn, Gregory Peck and Eddie Albert - Roman Holiday was nominated for ten Academy Awards, and Audrey Hepburn captured an Oscar for her portrayal of a modern-day princess rebelling against her royal obligations who explores Rome on her own.

Saturday Matinees **Movies start promptly at 12:00 pm (1:00 pm after Big Sing)**

September 2 *"Hidden Figures"* (2016) ◆◆◆◆ Starring: Taraji P. Henson, Octavia Spencer and Janelle Monae In the race to space between the United States and the Soviet Union during the Cold War, three black female mathematicians play a key role in launching astronaut John Glenn into outer space, making him the first American to orbit Earth. Rated PG/Drama/127 minutes.

September 9 *"Manglehorn"* (2014) ◆◆◆ Starring: Al Pacino, Holly Hunter and Chris Messina - A reclusive small-town locksmith who can't stop writing letters to a lost love meets a kindly bank teller who challenges him to look to the future. Rated PG-13/Drama/97 minutes.

September 16 *"White Chicks"* (2004) ◆◆◆ Starring: Shawn Wayans, Marion Wayans and Jamie King - Two black FBI agents consigned to baby-sitting a pair of empty-headed socialites pose as the white party girls to flush out their would-be-kidnappers. Rated PG-13/Comedy/120 minutes.

September 23 *"The Shack"* (2017) ◆◆◆◆ Starring: Sam Worthington, Octavia Spencer, Avraham Aviv Alush- THE SHACK takes us on a father's transformative and spiritual journey that will show him the ultimate truth about love, loss, and forgiveness. PG-13/Drama/131 minutes.

September 30 *"Going in Style"* (2017) ◆◆◆◆ Starring: Morgan Freeman, Michael Caine and Alan Arkin Desperate to pay the bills and come through for their loved ones, three lifelong pals risk it all by embarking on a daring bid to knock off the very bank that absconded with their money. Rated PG-13/Comedy/96 minutes

Movies At the Riverfront Community Center

Please note that we receive many recommendations on what type of movies we should and should not show at the center, and as a result have concluded that no two seniors are alike... Some folks want to see only comedies or romantic films. Others want the latest thrillers with lots of action. Because we offer a variety of films, there will be times when a film might not meet an individual's personal preference. Going forward, we will always show you the rating of the film, highlighting its content so that there will be a clear warning that the film may contain sexual content, violence, rough language etc.. Then the choice is yours!

Town of Glastonbury
Senior Services Department
300 Welles Street
Glastonbury, Connecticut 06033

PRSR - STD
U.S. POSTAGE
PAID
Hartford, CT
PERMIT # 300

Return Service Requested

The Sharing Tree

Registration Information: Sign-up for all trips and activities will take place on **Thursday, September 7, 2017 9:30 am for Glastonbury residents only**. Registration will take place in Community Room A. One person may make reservations for up to **two** people only. Checks should be made payable to the Town of Glastonbury. Registration for activities and lunches (not trips) can be made at the office before and after this date based upon space availability. Non-Residents may register on **Thursday, September 14, 2017 (in office)**.

How to read/get a copy of *The Sharing Tree*

This newsletter is published monthly for Glastonbury seniors. You may access it online through the town website: www.glastonbury-ct.gov-senior_services. Copies of the newsletter are also available at the library and town hall as well as delivered to the congregate senior living facilities throughout town. If you are not currently receiving a copy and wish to do so, please contact the Senior Center office to arrange for receipt via e-mail or postal service.