

Glastonbury
Parks & Recreation
 Winter 2014 Spring 2015

 glastonburyparkrec  glastonbury-ct.gov

Senior Services Section Pages 27-29



2. Registration Information

Mail In & On-Line Registration Dates

Registrations will be accepted by **POSTMARKED MAIL & ON-LINE BEGINNING TUESDAY, DECEMBER 16** at 8:00 a.m. with the following exceptions:

Open Gym Passes	Party Rentals
Indoor Pool Passes	Ski Trips
Teen Center Passes	Over 30 Basketball
December Vacation Sports Clinics	

Mail-in registrations will be processed daily, at random. **REGISTRATIONS WILL NOT BE PROCESSED BEFORE TUESDAY, DECEMBER 16.**

In-Person Registration Dates

In-person registrations will be accepted beginning Friday, January 2 including J.B. Williams reservations.

Why Can't I Register by Phone or Fax?

Due to limited phone lines and staff, we cannot accept registrations by phone or fax.

Returned Checks

A \$15.00 fee will be assessed for returned checks.

Registration Payment

VISA, Mastercard or Discover payments are accepted on-line, by mail and in-person. On-Line customers have the option to pay for services by electronic checking. Make your on-line payment directly from your checking account.

- Transactions are processed faster
- No credit card interest charges
- It's convenient and safe
- 100% NACHA compliant
- Select "e-check" as the payment option

If paying by check, make check or money order payable to "**TOWN OF GLASTONBURY**". Do not send cash. Write a separate check for each program.

Residency Requirements

Programs are for Glastonbury residents unless otherwise noted.

Cancellation Information

Programs may be canceled due to insufficient registration. Programs are canceled on January 1, January 19; February 16; April 3; May 25 unless otherwise stated.

Notification of Enrollment

Include a **STAMPED**, self addressed, business size envelope with your mail-in registration if you would like your receipt mailed. Receipts can also be e-mailed if an e-mail is included on the registration form. We **DO NOT** mail receipts for registrations processed on-line. You may reprint a receipt from the on-line system by clicking "My Account", "Reprint a Receipt".

Refund Policy

Please review your registrations carefully.

- Refund will be automatic if a program is canceled.
- To avoid classes being canceled at the last minute due to insufficient enrollment and in order to accommodate waiting lists in a timely fashion, refund requests must be made no later than five (5) business days before the program begin. Refund requests received after this point will be subject to a \$10 processing fee.
- Refunds cannot be given on trips, special events, facility reservations and passes.
- Refunds are generally not given once a program has begun, however, in the event of injury or illness, a refund request will be considered if accompanied by a doctor's note.
- Registrations processed by credit card will be credited to the card used. All other refunds generally take 2-4 weeks to process.

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3. General Information

How to Reach Us

Administrative Phone: (860)652-7679
Administrative Fax: (860)652-7691
Program Information Line: (860)652-7689
On the Web: www.glastonbury-ct.gov
Click "Departments";
"Leisure/Culture"; "Parks and
Recreation"; "Registration"
Mail: Parks and Recreation
Program Registration
P.O. Box 6523
Glastonbury, CT 06033
Office Address: Parks and Recreation
2143 Main Street
Glastonbury, CT 06033

Our Staff

Raymond E. Purtell, Director of Parks & Recreation
Greg Foran, Park Superintendent & Tree Warden
Chris Shanahan, Park Maintenance Supervisor
Kelly Devanny, Recreation Supervisor
Bill Engle, Recreation Supervisor
Anna Park, Recreation Supervisor
Liz Gambacorta, Recreation Program Coordinator
Kristen Michaels, Event & Banquet Facility Manager
Angela Paisker, Executive Secretary
Cynthia Lea, Administrative Secretary
Suzanne Veilleux, Clerical Assistant

Weekly Activity Information

Schedules, times, locations, and cancellations appear weekly in The Glastonbury Citizen.

Program Information Line

Retrieve program information 24 hours a day by calling our program information line at (860)652-7689. Evening activities and cancellations announced after 3:30 p.m.

E-mail updates

Occasionally, we send updates, cancellation information and other pertinent program information to you via e-mail. Please be sure to include this information on your registration form and to add "recreation@glastonbury-ct.gov" to your address book or trusted e-mail list so we don't get caught in your spam filter!



"Like" us on Facebook

Glastonbury Parks and Recreation is part of the Facebook family! "Like" us and receive updates on program information, reminders about upcoming registration deadlines and all sorts of other great information! Log into your Facebook account and look for us at facebook.com/glastonburyparkrec

Brochure Mailing Information

Brochures are mailed directly to ALL Glastonbury residents via bulk mail 3 times per year:

Fall: Mid-August
Winter/Spring: Early December
Summer: Early March

Brochures will be available for pick up beginning the Friday prior to each registration at the Riverfront Community Center, Town Hall, Welles Turner Library and our office. Program information is available online beginning the Tuesday prior to each registration at www.glastonbury-ct.gov.

Financial Assistance

Discounted registration fees for basic programs are available to those who qualify under the Federal Poverty Guidelines. Eligibility and assistance determinations are made by the Social Services Department. Fee waivers apply to registration fees only. To qualify, an Eligibility Application Form must be submitted to the Social Services Department. A copy of the approved application must accompany your registration. Eligibility for financial assistance does not guarantee a space in the program. Programs include:

Pool Passes	Kangaroo Kids
GBA Basketball	Swim Team Clinic
Teen Center Pass	Open Gym Pass
Children's Swim Lessons	Glastonbury Lacrosse

Glastonbury Youth Organizations

The following organizations are run independent of the Parks and Recreation Department. Please contact them regarding specific program and registration information.

Little League	www.glastonburylittleleague.org
Hartwell Soccer	www.glastonburysoccer.org
Midget Football	www.gyfa.com
YMCA	(860)633-6548
Lacrosse	www.glastonburylacrosse.org
GBA Basketball	GBAHoops@aol.com www.gbahoops.org
GBA Travel	GBATravelHoops@aol.com
Basketball	www.gbahoops.org
Glastonbury	www.glastonburygymnastics.com
Gymnastics	gburygymclub@gmail.com
Glastonbury	www.glastonburyswimteam.org
SwimTeam	



Glastonbury Boathouse

The Glastonbury Boathouse is now accepting bookings for 2015! Host your next event at Connecticut's newest and most unique venue. With picturesque grounds, breathtaking views from the Observation Deck, and a versatile Banquet Hall, The Glastonbury Boathouse blends the ambience of a riverfront destination with the convenience of a local venue. Whether you are planning a wedding, corporate meeting or private party, the Glastonbury Boathouse is the perfect setting for festive celebrations and phenomenal photos. For more information visit glastonbury-ct.gov/boathouse or contact Kristen Michaels, Event and Banquet Facility Manager, at kristen.michaels@glastonbury-ct.gov or (860)652-4640.

For information on the boat launch, see page 26!

The Locker Room!

Don't let the added cost of equipment stop you from playing the game! Gently used equipment is being made available **FREE OF CHARGE** to players who need assistance with getting the right equipment to play sports. The Locker Room currently has soccer, baseball and basketball items available. Donations are also currently being accepted for all sports. A donation bin is also available at the Teen Center in the Academy building for your convenience during off hours.

Firewood

Sold to Glastonbury residents in 1/8 cord amounts measuring 16" X 3' X 4'. Register at the Parks and Recreation Department office or call the office at (860)652-7679 (press 5). Limit of one application per residence. Proof of residency required when registering. Fee is \$25.

Public Ice Skating

Ice must be at least 6" thick for ice skating. Call 652-7689 for conditions. J.B. Williams and Eastbury Pond are open until dusk, conditions permitting, for unsupervised skating. An area will be set aside for drop in unsupervised ice hockey play at Eastbury Pond. There is no supervised skating.

Party Rentals

Reservations should be made as soon as possible and are based on availability. Paperwork must be completed and full payment made within 5 business days of making the reservation. Event dates and times are confirmed only after payment is received. **NO REFUNDS** will be issued. If a cancellation is made with at least 2 weeks notice, there may be an opportunity to reschedule for a different date.

Glastonbury Skate Park Rental

A great option for birthday parties, school graduations or special celebrations! Must have completed waivers and helmets.

Availability:	May to November Saturdays and Sundays Excluding Lesson Dates
Times:	10:00 a.m.-12:00 p.m.
Maximum Capacity:	30 people
Amenities:	Supervisor, exclusive use of skate park, softball field, picnic tables, picnic bag including frisbees, bases, kickballs, and bat and balls
Fees:	\$85/rental

J.B. Williams Park Pavilion Rental

In-person and phone reservations for use of the J.B. Williams Park "covered" pavilion will be taken beginning on Friday, January 2.

Availability:	May 1 to October 31
Maximum Capacity:	Up to 175 people
Amenities:	Kitchen, restroom, barbecue, softball, volleyball, horse shoes and hiking facilities
Fees:	\$130/rental

Academy Teen Center Rental

An easy alternative for small birthday parties, or events you just don't want to host at home! Bring in your own cake and goodies, we'll provide the rest!

Availability:	Year Round (Saturdays and Sundays)
Times:	2 hour time blocks
Maximum Capacity:	15 people
Amenities:	Staff Supervisor to monitor activity space, use of Teen Center room including ping pong, air hockey, foosball, pool tables, board games and craft space, access to rest-rooms, refrigerator and freezer
Fee:	\$100/Rental \$150/Rental with Craft or Wii

5. Pre-School Programs

Music Together ®

(Newbrons-Age 5)

An innovative approach to early childhood music learning based on the premise that all children are inherently musical. Children explore and express music alongside their most important role models; parents, caregivers and teachers. Nurture your child's natural enthusiasm for music & movement during this early childhood stage of most rapid growth. Instructor is Jessica Nevins of Music Together of the River Valley.

Music Together-Winter

Music Together 9:15	303101-01
Music Sibling 9:15	303101-02
Music Together 10:15	303101-03
Music Sibling 10:15	303101-04
Music Together 11:15	303101-05
Music Sibling 11:15	303101-06

Music Together-Spring

Music Together 9:15	403101-01
Music Sibling 9:15	403101-02
Music Together 10:15	403101-03
Music Sibling 10:15	403101-04
Music Together 11:15	403101-05
Music Sibling 11:15	403101-06

Fee: \$170/child; \$85/sibling (Newborns under 8 months attend FREE when a sibling is registered; \$170 registered alone.)

Meets: Tuesday 9:15-10:00; 10:15-11:00 or 11:15-12:00

Location: RCC Activity Room

Winter: 10 weeks January 6-March 17

Spring: 10 weeks April 7-June 16

Mad Science - Preschool Workshops

(Children ages 3-5 as of January 1, 2015)

Interactive and hands-on activities for preschoolers and their parents presented by Mad Science of Western New England

 Check it out...it's NEW!

Animal Friends

Children will learn that animals make different sounds and noises; have different types of coverings, for their bodies such as fur, scales and feathers and that they look different from the time that they are babies to when they are adults.

Mad Science-Winter

Animal Friends 10:00-10:30	303133-01
Animal Friends 10:45-11:15	303133-02

Fee: \$12/child

Location: Academy Multi-Purpose Room

Date: Wednesday, February 4, 2015

Science of Music

Boom, tap, smack, cha-cha-cha, listen to the sounds and rhythm of the science of music. Children will feel, hear and see the vibrations that help create music in this hands-on exploration.

Mad Science-Winter

Music Science 10:00-10:30	303133-03
Music Science 10:45-11:15	303133-05

Fee: \$12/child

Location: Academy Multi-Purpose Room

Date: Wednesday, March 11, 2015

Healthy Choices

Children will be introduced to basic nutrition in this hands-on workshop. They will discover what makes a healthy meal and why they need to keep eating their fruits and vegetables to grow strong!

Mad Science-Spring

Healthy Choice 10:00-10:30	403133-01
Healthy Choice 10:45-11:15	403133-02

Fee: \$12/child

Location: Academy Multi-Purpose Room

Date: Wednesday, April 1, 2015

Wiggly World of Worms

Children will get a chance to get their hands dirty while learning about worms. They will work with magnifying glasses to get an up close look at the lives and habits of worms.

Mad Science-Spring

Wiggly Worms 10:00-10:30	403133-03
Wiggly Worms 10:45-11:15	403133-04

Fee: \$12/child

Location: Academy Multi-Purpose Room

Date: Wednesday, April 8, 2015

Thematic Tots

(Children ages 9-24 months)

Various art and sensory activities, stories and songs will coincide with a unique weekly theme. Parents participate with their child and also have an opportunity to meet other families in town. Instructor is Early Childhood Educator, Jeannette Galonska.

Thematic Tots -Winter

Theme Tots 9:00	303236-01
Theme Tots 10:00	303236-02

Fee: \$38/child

Meets: Saturday 9:00-9:45; 10:00-10:45 a.m.

Location: Academy Multi Purpose Room

Winter: January 17-February 21 (6 weeks)

Tiny Tumblers

(Ages 1-4 by 1/1/15)

Movement education using basic gymnastics skills and positions to help teach balance, coordination, confidence and motor skill development in a progressive format. Obstacle courses, balls, games, hoops and parachutes are just some of the fun activities incorporated into the classes. Active participation by a parent or caregiver is required.

Check it out...it's NEW!

Fun for Ones (12-23 months):

A stimulating, safe and fun environment is created using age appropriate gymnastics equipment.

Tiny Tots (ages 2-3):

Toddlers learn and refine locomotor skills. Includes introduction to specialized equipment, circle time and exploration!

Tumbling Tykes (ages 3-4):

Designed to encourage group activity as well as individual participation. A structured environment and consistent class routine help children accomplish goals and begin to build a strong foundation of basic gymnastics skills.

Tiny Tumblers-Winter

Fun for Ones 8:45-9:30	306408-01
Tiny Tots 9:45-10:30	306408-02
Tumbling Tykes 10:45-11:30	306408-03

Fee:	\$35/child
Location:	Academy Gym
Meets:	Thursday
Dates:	January 8-February 26 (8 Weeks)

Kangaroo Kids Preschool (2015-16)

Kangaroo Kids is a developmentally appropriate experience for 3 & 4 year olds. Theme days, arts & crafts, music, social interaction and creative play allow opportunities for your child to explore imagine and learn under the watchful supervision of our experienced and nurturing staff. We offer a 3 year old morning session on Monday & Thursday from 9:00-11:30 a.m.; a combined 3&4 year old morning session on Tuesday & Friday from 9:00-11:30 and an afternoon session for 4 year olds on Monday, Tuesday, Thursday and Friday from 12:30-3:00 p.m. Deposits for the 2015-16 program will be accepted beginning on March 17, 2015. Child must be age 3 or 4 by December 31, 2015 **(NO EXCEPTIONS)**. 3 year olds must be toilet trained.

Complete information (fees, etc.) will be included in our Summer 2015 brochure available in early March. An Open House will be held on Thursday, March 26 3:30-4:30 p.m. at 35 Bell Street. If you would like to visit the program currently in session, contact Kangaroo Kids at (860)657-8616 to make an appointment.

Skyhawks Tiny Hawks

(Ages 3.5-5)

Help children fine-tune their motor skills in soccer and basketball. Parents are encouraged to stay and are required to stay if children are not quite ready to participate alone. Children must be toilet trained.

Tiny Hawk

Tiny Hawk	304109-TH
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Fee:	\$65
Meets:	Thursdays 5:00-5:50 p.m.
Dates:	April 2-May 7 (No Program 4/16)
Location:	Naubuc School Gym

Skyhawks Mini Hawk Sports Program

(Ages 4-6)

This multi-sport program allows young children to explore more than 1 sport without any pressure. Participate in Soccer and T-ball through unique Skyhawks games. Mini-Hawk coaching staff is trained to meet the specific needs of young children and is committed to helping them start off on the right foot!

Camps

Mini-Hawk	304109-AA
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Fee:	\$65
Meets:	Thursdays, 6:00-7:00 p.m.
Dates:	April 2-May 7 (No Program 4/16)
Location:	Naubuc School Gym

Children's Performance: Dave Jay

Monday, December 29, 2014

**Appropriate for Preschool-Elementary Age Children
Smith School Auditorium at 11:00 a.m. FREE**

Enjoy guitar playing and singing comedic versions of songs kids know and love, plus a few fun originals. Dave Jay's outstanding, upbeat children's show is very interactive and kids will laugh, sing, think, shout and dance the whole way through. He's even been known to thoroughly entertain adults because his material always aims high. A fun time is in store for all!

Children's Performance: Jungle Jim's Wild About Balloons Magic Show

Tuesday, February 17, 2015

**Appropriate for Preschool-Elementary Age Children
Smith School Auditorium at 11:00 a.m. FREE**

An amazing experience for children that uses balloon artistry, magic, comedy and improv! Children are led through "Safari Training" and must complete a series of interactive challenges to earn the title of "Safari Adventurer." If they pass the challenges (which we know they will!), they'll get to see a fantastic finale that will blow their minds. Jungle Jim uses over 100 balloons and has been nominated for Nickelodeon's Family Entertainer of the Year.

7-Family Programs & Bus Trips



**BOSTON
RED SOX**



Red Sox vs. Yankees Saturday, April 11, 2015

This will be the first time in 20 years that Derek Jeter will not be at shortstop for the New York Yankees. A new era has begun in the Bronx. This is the only time the Yankees and Red Sox will play at Yankee Stadium on the weekend this year. Enjoy a cook-out before the game and games with prizes on the bus! Deluxe Motorcoach will pick up passengers at the Glastonbury/East Hartford Commuter Parking Lot (Time TBD) across from Burger King and a couple of other stops. Space is limited. Early registration is advised. Open to all ages, residents and non-residents.

**Grandstand \$105/Person (109004-RY)
Section 234 \$145/Person (109004-R2)**



*New York
Yankees*



Family Ice Fishing Clinic

(All Ages-Under 10 Must be Accompanied by Adult)
This DEEP sponsored clinic is taught by state certified volunteer instructors through the Connecticut Aquatic Resources Education (CARE) Program. It is designed to introduce you to the wintertime sport of ice fishing. All those who attend are invited to join the DEEP at their Annual Family Ice Fishing Derby on Coventry Lake, January 31st. The Derby is only open to those who attend an Ice Fishing class and is free.

Fishing Clinic

Ice Fishing Clinic 410009-BB

Fee: FREE
Meets: Thursday 6:30-8:30 p.m.
Location: Gideon Welles Cafeteria
Dates: Thursday, January 15
(Snow Date: January 22)

Beginning Fisherman Clinic

All Ages-Under 10 Must be Accompanied by an Adult.
The DEEP's Bureau of Fisheries will instruct about identifying fish, techniques and safety. Materials and equipment will be provided. FREE!

Fishing Clinic

Beginning Fisherman's Clinic 410009-AA

BOSTON



BRUINS



Boston Bruins vs. New Jersey Devils Friday, February 27, 2015

A great way to see the Boston Bruins play in person without spending a lot of money! Come see the Boston Bruins - led by Patrice Bergeron, David Krejci, Zdeno Chara, and Tukka Rask take on the New Jersey Devils in Newark, New Jersey with all the thrills and action that is the National Hockey League. Trip includes charter bus, food before the game, games and prizes on the bus and ticket to the game. Departs East Hartford/Glastonbury Commuter Lot across from Burger King at 2:00 p.m. Open to all ages, residents and non-residents.

**Upper Level \$130/Person (109004-H1)
Upgraded \$145/Person (109004-H2)**

NEW JERSEY



DEVILS



Fee: FREE
Meets: 6:30-8:30 p.m.
Location: Smith Cafeteria
Dates: Tuesday & Thursday, April 7 & 9

Youth Fishing Derby

(Youth ages 4 through 15)
Compete for the biggest, smallest, first and most trout caught, or just enjoy a morning of fishing with your child on Saturday, April 18, 8:00-10:00 a.m. at J.B. Williams Pond. Prizes raffled every 15 minutes. Four age categories: 4-6, 7-9, 10-12, 13-15. No bait restrictions. No physical parental assistance allowed except baiting & casting. Pre-registration not required. FREE.

Easter Egg Hunt for Dogs

Join us for the 5th annual Easter Egg Hunt for Dogs! Grab your dog and Easter basket and come out to join the fun for this very unique event. Egg Hunt begins promptly at 10:00 a.m. at the Riverfront Park (200 Welles Street, Glastonbury) on Saturday, March 28. Event will be held rain or shine. Over 6,000 eggs will be hidden. Every egg contains a treat or prize for you and your dog including gift certificates and other surprises. Bring the kids for games and activities including face painting. Cost is \$10/dog. Dogs must be on leash with up to date rabies tag or certification. No aggressive dogs please.

8-December & April Vacation Programs



All Pro Sports December Clinics

(Grades K-6)

Play dodge ball, tag, basketball, kick ball, soccer, floor hockey and more! Children will be taught skills in a cooperative environment that stresses FUN over competition.

Holiday Vacation Sports Camp

Clinic 12/29 404109-29
Clinic 12/30 404109-30

Fee: \$45/Day
Dates: Monday, 12/29; Tuesday, 12/30
Time: 9:00 a.m.-3:00 p.m.
Location: Gideon Welles School Gym

All Pro Sports Basketball Shooting Academy

(Grades 5-12)

Join us for this 2 hour shooting clinic run by Tiny Cains. Coach Cains has over 37 years coaching experience, including 22 at the high school and AAU level and 12 in the Puerto Rican Professional Leagues. Tiny was the head coach for the Puerto Rican National team and one time scout for the NBA LA Clippers. He is currently the color commentator for ESPN and the New York Knicks en Espanol. Clinic covers all aspects of shooting for players of all abilities. Players will be grouped by age/ability to maximize skill development. Register for the morning, afternoon or both!

Check it out...it's NEW!

Holiday Vacation Sports Camp

Shooting Academy AM 404109-AM
Shooting Academy PM 404109-PM

Fee: \$30/2 Hour Clinic
Date: Wednesday 12/31
Time/Location: 9:00-11:00 a.m. @ Gideon Welles Gym
1:00-3:00 p.m. @ Smith Gym

All Pro Sports April Vacation Camp

(Grades K-6)

Play dodge ball, tag, basketball, kick ball, soccer, floor hockey and more! Children will be taught skills in a cooperative environment that stresses FUN over competition.

Holiday Vacation Sports Camp

April Full 404109-AE
April Half 404109-AC

Fee: \$180/Full Day; \$125/Half Day
Meets: Monday-Thursday April 13-16
Times: 9:00 a.m.-3:00 p.m. (Full Day)
9:00 a.m.-1:00 p.m. (Half Day)
Location: Gideon Welles School Gym

April Vacation Fairies & Dragons Art-ventures

(Boys & Girls Grade K-4)

Enter the fantasy world of imagination where fairies fly and unicorns roam. Unleash your inner elf as you conjure up fire-breathing dragons, transform colorful clay into silly goblin masks, and create winged fairy or armored knight dolls. Paint bobble-head dragons and build wooden fairy houses with real shells, stones, moss and more. With the aid of some very magical potions and spells (i.e. materials and techniques), campers experience painting, drawing, printmaking, mosaics, stained glass, ceramic, fabric, and clay art. Enjoy an enchanted week of two and three dimensional works of art, including a sparkling T-shirt project! Fairies and Dragons storytelling is included, as well as surprises, FACE PAINTING or GLITTER TATTOOS and humor.

Kids Crafts

April Vacation Art 312003-AV

Fee: \$140/Session
Meets: Monday-Thursday 9:00 a.m.-12:00 p.m.
Location: Academy Multi-Purpose Room 1
Dates: April 13-16

Make-It Take-It Home

(Boys and Girls ages 6-11)

In this hands-on, fun, and exciting program, you will discover how amazing science is. Make and take home a wide assortment of toys designed to teach science concepts in a hands-on way. Grow a crystal tree, make an energy bead bracelet, build a working electric motor and design your own sharpie pen T-shirt while learning cool chemistry. Make your own bubbling blobs and explore the properties of a density tube. Make silly putty-glowing goo-green flubber and other cool projects. By the way...we'll make ice cream in our own amazing, different, Sciensational way!

Youth Programs

Make-It 412501-MT

Fee: \$145
Meets: Wednesday & Thursday
8:30 a.m.-4:00 p.m.
Location: GHS Cafeteria
Dates: April 15th & 16th
Instructor: Sciensational Workshops

9-April Vacation & Youth Programs

The Golden Gate Bridge

(Boys and Girls ages 8-14)

Have you ever marveled at the Golden Gate Bridge before?! Here's an opportunity to build a scale replica of the iconic structure, considered by the American Society of Civil Engineers as one of the "Seven Wonders of the Modern World!" Students will need to work together and build efficiently, using nothing but TECHNIC LEGO! This project is not your typical LEGO class - students' jaws will drop when they see their bridge suspended in mid-air!

Youth Programs

Golden Gate Bridge 412204-GB

Fee: \$67
Meets: Monday
9:00 a.m.-4:00 p.m.
Location: GHS Cafeteria
Dates: April 13th
Instructor: Engineering Imagination, LLC



Fee: \$35/participant
Meets: Monday 10:00-11:50 a.m.
Dates: January 19
Location: Academy School Cafeteria
Instructor: Tom O'Brien

The Wizard's School of Magic

(Children ages 5-10)

Students will learn five magic tricks from Tom O'Brien, a full-time professional magician, whose credits include appearances on the Fox 61 Morning Show and WFSB's Better Connecticut. Tom is a master at his craft and is a wonderful and entertaining teacher as well. Students will receive a magic kit and magic wand!

Youth Programs

Presto Magic 312233-AA
Hocus Pocus 312233-CC

Fee: \$20/Workshop
Presto Magic: Tuesday, February 3 (4:00-5:00 p.m.)
Hocus Pocus: Thursday, February 19 (4:00-5:00 p.m.)
Location: Academy Building

Free Electricity!

(Boys and Girls ages 8-14)

Yes, you read that correctly - learn how to generate free electricity! Go Green in this inspirational class, where students learn how to build a hydroelectric waterwheel and generate electricity - using only recycled and salvaged materials. Students will work both individually and as part of a group in an effort to generate as much electricity as possible.

Youth Programs

Free Electricity 412204-FE

Fee: \$67
Meets: Tuesday
9:00 a.m. - 4:00 p.m.
Location: GHS Cafeteria
Dates: April 14th
Instructor: Engineering Imagination, LLC



Indoor Playground

(Ages 5-15)

Are you seeking an active and fun way for your child with special needs to spend Saturday afternoons this winter? Whether your child enjoys active movement and music activities or quieter crafts and board games, there will be something for everyone! Join the fun with other families and program staff as we include children of all abilities and their siblings. Parent or caregiver must attend with child (this is not a drop off). Typical siblings can sign up for a reduced price.

Indoor Playground

Indoor Playground 312102-IP
Siblings 312102-SB

Fee: \$30/Person; \$10/Typical Sibling
Meets: Saturday, January 17-March 14
Times: 1:30-3:00 p.m.
Location: Academy Cafeteria



Tom O'Brien Magic Show & Workshop

(Ages 5-10)

This is a fun and memorable show for children. The show will be 45 minutes and the children experience a very funny and visible presentation of Magic & Comedy. The grand finale of the show is the surprise production of "Charlie the Bunny"! Filled with fun, laughter, and the best in entertainment! Immediately following the show the children will have an hour long magic workshop where they will receive a magic kit and learn to perform 5 magic tricks. They also receive a magic wand and written instruction of all the tricks that they have learned!

Youth Programs

Magic Show & Wkshp 312233-A

Youth Open Gym

(Youth 18 and under)

Activities include pick up basketball. Children under grade 6 must be accompanied by an adult. Students must bring their school ID.

Fee: FREE
Meets: Wednesday 7:30-9:30 p.m.; Saturday 2:00-6:00 p.m.; Sunday 1:00-5:00 p.m.
Location: Wednesday at Smith Middle School Gym; Saturday and Sunday at Glastonbury High School Gym
Dates: Wednesday ends June 10
Weekends end April 26

After School Art-ventures with Penguins & Polar Bears

(Boys & Girls Grade K-4)

Embark on a journey through the Arctic and Antarctic regions to learn about the captivating lives of penguins, polar bears, and other cold-weather creatures. Art explorers, equipped with a myriad of unique materials, tools, and techniques, set out on an adventure across frozen tundra to discover life in and around the icy waters of the earth's poles. Sculpt clay polar bears and penguin reliefs. Build sand castle lighthouses and paint a shark or fish on stretched canvas. Design hats as colorful as the Northern Lights and transform plain t-shirts into oceans teeming with creatures. Explore the art of decoupage, collage, stained glass and more while learning fun facts about endangered creatures and the importance of being kind to our earth and oceans.

Kids Crafts

Penguins 312003-PP

Fee: \$110/Person (All Materials Included in the Fee)
 Meets: Mondays 3:45-5:00 p.m.
 Location: Academy Teen Center
 Dates: January 26-March 23 (No Class 2/16)

Acting Classes

(Kindergarten - 8th Grade)

A progressive program designed for participants of all skill levels dedicated to creating a comfortable, fun, safe environment to cultivate and affirm each person's own unique creativity. Theater skills and games, basic mime work, stage confidence, basic voice and speech, improvisational exercise, script work, acting terminology and more will be covered! New topics will be covered for past participants! Classes taught by Performing Arts Programs staff.

Performing Arts

Acting Grades K-2 404233-01
 Acting Grades 3-6 404233-02

Fee: Grades K-2: \$100/Person
 Grades 3-6: \$110/Person
 Meets: Mondays
 Grades K-2: 4:00-4:45 p.m.
 Grades 3-6: 5:00-6:00 p.m.
 Location: Academy Cafeteria
 Dates: February 23-April 6

Backyard Games

(Grades K-3)

Children will have fun playing all their favorite backyard games including capture the flag, sharks & minnows, freeze tag, basketball, soccer, flag football and others. What a wonderful way for your child to have fun and stay active during the winter months.

Fitness for Kids

Backyard Games 412202-BG

Fee: \$49
 Meets: Thursdays, 4:45-5:45 PM
 Dates: January 15-February 12
 Location: Buttonball School Gym
 Instructor: Kavin Banks-Performance Personal Training

Jump Rope - Mixed Level Class

(Boys & Girls Grades K-5)

Mixed level classes give jumpers of all abilities a chance to learn new skills. A variety of techniques will be covered including long rope, Double Dutch, single rope and more. Come jump with us - you'll have fun!

Jump Rope

Jump Rope Winter 312101-W1

Fee: \$39/session
 Meets: Tuesdays 4:20-5:20 pm
 Winter Dates: January 27-March 10 (No class 2/17)
 Location: Academy Multipurpose Room #2
 Instructor: Mary Martin

Youth Yoga

(Kids Yoga for Grades 2-5)

A gentle, non-competitive form of exercise that promotes strength and flexibility while teaching how to relax, concentrate and quiet one's mind. It is not performance oriented. Yoga works on the whole body and teaches how to keep the body fit for life. Yoga is also very beneficial to youth who are involved in sports, dance or any other physical activity. Come learn how to stretch your muscles and keep your bodies strong and flexible. The time spent learning yoga is always fun! Bring a mat to class.

Fitness for Kids

Kids Yoga Winter 412202-KW
 Kids Yoga Spring 412202-KS

Fee: \$49 (Winter); \$25 (Spring)
 Meets: Mondays, 4:30-5:15 PM
 Winter Dates: January 12-March 30
 (No Class 1/19, 2/16)
 Spring Dates: April 20-May 18
 Location: Academy Multi-Purpose Room
 Instructor: Sacred Rivers Yoga

11·Youth Programs

Junior Golf Basics

(Ages 8 & Up by start of session)

Rules, sportsmanship and golf fundamentals will be covered. Equipment is provided for those who need it.

Golf Lessons

Junior Basics 401005-01

Fee: \$50/child
Meets: Thursday 5:30-6:30 p.m.
Location: Gideon Welles (Outdoors)
Dates: 4 Weeks April 9-May 7 (No Class 4/16)
Instructor: Tom Keslow, CT School of Golf

Spring Children's Tennis

(Ages 7-17)

Tennis Lessons are broken into lesson groups. This allows instructors to give more emphasis on specific skills within those groups. All lessons are taught at the high school tennis courts. You must provide your own racquet. **Level 1** is for those with little or no tennis experience. **Level 2** is for those who can hold a racquet properly, understand the basics of forehand and backhand groundstrokes and can hit at least 3 times from the center service line. **Level 3** is for those who understand the basics of rallying, can hit forehand and backhand groundstrokes at least 3 times from the baseline with both, can perform the basics of a serve and know how to keep score. **Level 4** is for those who consistently rally forehand and backhand 4-6 times from the baseline, can serve, can hit overhead and approach shots, and understand the rules of the game and tennis etiquette.

Spring Child Tennis Lessons

Level	9:00 a.m.	10:00 a.m.
Level 1	423281-AA	423281-AB
Level 2	423281-BA	423281-BB
Level 3	423281-CA	
Level 4		423281-DA

FEE: \$25/Session
MEETS: Saturday 9:00-9:55 a.m. or 10:00-10:55 a.m.
LOCATION: GHS Tennis Courts
DATES: April 25-May 30 (No Class 5/23)

Girls in Stride Running

(Girls Ages 6-11)

Imagine the thrill your daughter will feel as she crosses the finish line in her first race. This dynamite training program will prepare your daughter for the Firecracker 5K in Glastonbury on June 28. Focus will be on using games and drills that make running fun, while also improving athletic performance for those who play other sports. Help your daughter gain confidence, build self-esteem, and lead her to

a path of health and fitness. This non-competitive training program is offered for all levels of runners. As part of the program, the girls will be exposed to goal setting, journaling of training, nutrition, and mental preparation. Fee includes a t-shirt and training journal. In case of inclement weather, the program will be held in the Academy Building. Race registration is not included in the program fee.

Running Programs

Spring Girls in Stride 203105-SP

FEE: \$79/Person
MEETS: Wednesdays 3:30-4:30 p.m.
LOCATION: Riverfront Park Gazebo
DATES: 5/6-6/24

Skyhawks Volleyball Clinic

(Ages 11-17)

All aspects of the game will be taught through drills and exercises that focus on passing, setting, hitting, defense, offense and serving. Learn not only the core volleyball skills but also teamwork and sportsmanship. Skyhawks' staff will assist each athlete in developing fundamental skills of the game through game-speed drills and scrimmages aimed at developing the whole player. Players will be grouped by age and ability.

Skyhawks

Spring Volleyball 304109-VB

Fee: \$85
Meets: Tuesdays 5:30-7:30 PM
Dates: March 24-May 5 (No Class 4/14)
Location: Smith Middle School Auxiliary Gym

X-Factor Training Camp for Children

(Ages 7-14)

Whether your child is an athlete getting ready for their next season or they just want to get active and have fun, X-Factor Training Camp is for them! Improve physical health and well being in an all inclusive, non-competitive camp. Utilize speed, quickness and agility drills to get active and improve performance. Non-competitive games and training exercises create a dynamic workout. Instructed by personal trainers with experience working with youth. Children will be grouped by age.

Fitness for Kids

X-Factor Spring 412202-SX

Fee: \$75/person
Meets: Tuesday and Thursday 6:30-7:45 p.m.
Dates: April 21-May 14
Location: Buttonball Gym
Instructor: Coach Kavin Banks

Youth Jukido

(Ages 6 & up by start of session)

Discover authentic martial arts. Jukido is based on centuries old Japanese Jujitsu and is a fun and safe way to learn to defend yourself. Parents who wish to participate with their child may also register.

Jukido Winter

Jukido Winter 6:15 312105-01

Jukido Spring

Jukido Spring 6:15 412105-01

Fee: \$41/Person
 Meets: Monday 6:15-7:15
 Location: Gideon Welles Aux. Gym
 Winter: 8 Weeks January 5-March 9
 Spring: 8 Weeks March 30-June 8
 Instructor: Rich Webster

Skate Park

Featuring Woodward skate equipment, the park boasts a 4' half pipe, 2', 3' and 4' quarter pipes, ramps, rails and wedges! All skaters visiting the park for the first time must sign and complete a waiver form. Only skateboards and in-line skates permitted. All skaters MUST wear helmets. Other equipment is recommended, but optional. Skate Park opens Saturday, April 11, 2015. The Skate Park is FREE and will be open during the following hours:

Spring: Wednesday-Friday 3:00-7:00 p.m.
 *CLOSED Monday & Tuesday
 Saturday-Sunday Noon-6:00 p.m.
 Summer: Wednesday-Friday 3:00-7:00 p.m.
 *CLOSED Monday & Tuesday
 Saturday-Sunday Noon-6:00 p.m.

Beginner Skate Lessons

(Skateboarders ONLY ages 5-7 years old)

New skaters or those with limited ability are taught basic skills including balance, position, stopping, turning, falling techniques and safety. All skaters MUST wear helmets. Other equipment is recommended, but optional.

Skate Park

Beginner Skate 513001-BS

Fee: \$45/child
 Meets: Saturdays 9:00-9:45 a.m.
 Dates: April 11-May 16
 Location: Skate Park (2143 Main Street)

Advanced Beginner Skate

(Skateboarders ONLY ages 7 and up)

Learn fundamentals and beginner maneuvers. Participants are taught how to properly ride each

piece of equipment, proper falling techniques, balance and safety. As participants improve, airs, grinds, spins and tricks will be taught. All skaters MUST wear helmets. Other equipment is recommended, but optional.

Skate Park

AdvancedB Skate 513001-AS

Fee: \$65/child
 Meets: Saturdays 9:45-10:45 a.m.
 Dates: April 11-May 16
 Location: Skate Park (2143 Main Street)

Intermediate Skate

(Skateboarders ONLY ages 7 and up)

Learn advanced tricks and maneuvers. Skaters taking this level must have several years of skating experience. Proper technique will be stressed. 360's, 180's, Ollies, 50-50's, Kickflips, Shuvits, Grabbed Airs, Topsides, Negatives, Torques, Technical Grinds and tricks will be taught and practiced. All skaters MUST wear helmets. Other equipment is recommended, but optional.

Skate Park

Intermediate Skate 513001-IS

Fee: \$65/child
 Meets: Saturdays 10:45-11:45 a.m.
 Dates: April 11-May 16
 Location: Skate Park (2143 Main Street)

Skate Competition

(All Ages)

Skaters from all towns can enter in either beginner, advanced beginner or intermediate categories. Beginners have limited experience, know basic skills and can ride the ramps without too much difficulty. Advanced Beginners can ride the ramps with ease, perform some airs, grinds and tricks and are beginning to work on aggressive moves. Intermediates can perform aggressive tricks, ollies, kickflips, grabbed airs, and technical grinds. The format of the event will be a JAM session. Skaters will be judged on technicality of tricks, fluidity, speed and style. Helmets are required.

Skate Park

Beginner Comp Skate 513001-DD
 AdvancedB Comp Skate 513001-DE
 Interm Comp Skate 513001-DF

Fees: Competitors: \$5 registration fee
 Spectators: Free
 Location: Glastonbury Skate Park
 Date: Saturday, June 6
 Competition: 11:00 a.m.-1:00 p.m.
 Park will be open until 6:00 p.m.

13 • Gymnastics Lessons

Glastonbury Gymnastics Club

Committed to providing a fun and safe learning experience, we offer individual instruction, recreational and competitive programs and structured classes for ages 3 through high school.

About our Staff

Staff consists of caring, dedicated and well trained class instructors. Director Kathy Johnson is a USAG Professional Member, with Safety and Meet Director certifications. Team Coaches are USAG members and safety certified. All are First Aid/CPR certified.

About our Facility

Located in the Academy Building, 2143 Main Street, our facility meets all the standards of USA Gymnastics and is outfitted with multiple balance beams, uneven bars, tumble trak trampoline, full spring floor and a large array of creative preschool equipment.

Preschool Classes

Ages 3&4 (Ages 3&4 by Start of Session)
Children learn the basics of how to tumble, balance on a beam and swing on the low bar. Parent participation is not required and you will be allowed to watch the class.

Fantastic 4's (Age 4 by Start of Session)

Drop off class for four year olds who are gaining independence from their parents. Children travel to a variety of stations to learn the basics of how to tumble, swing on bars, balance on beams, and jump on trampolines. A great activity to build coordination and confidence! **Parents will be allowed to watch the first and final class only.**

Gymnastics Lessons–Winter

Ages 3&4-Wed.	3:05-4:05	306108-09
Ages 3&4-Fri.	3:05-4:05	306108-10
Fantastic 4's-Tues.	3:30-4:30	306108-11
Fantastic 4's-Thurs.	3:30-4:30	306108-12

Fee: \$119/child
Dates: 10 Weeks beginning January 5

Gymnastics Lessons–Spring

Ages 3&4-Wed.	3:05-4:05	406108-09
Ages 3&4-Fri.	3:05-4:05	406108-10
Fantastic 4's-Tues.	3:30-4:30	406108-11
Fantastic 4's-Thurs.	3:30-4:30	406108-12

Fee: \$109/child
Dates: 8 Weeks beginning April 1

Tumbling Classes

Great for cheerleaders and those who want to learn the basics up through advanced tumbling skills.

Beginner (ages 10 & up by Start of Session): Gymnasts must be able to do a vertical handstand, cartwheel, and round-off. Back handsprings will not be taught until a gymnast is able to do a back bend, kick-over and one pull up with chin passing over the bar. For the safety of the gymnasts, no exceptions will be made to these requirements. **Advanced (Ages 10 & up by Start of Session):** Gymnasts in Advanced must be able to do a pull up with chin passing above the bar and a back handspring. For the safety of the gymnasts, no exceptions will be made to these requirements.

Tumbling–Winter

Beginner-Mon.	4:00-5:00	306508-01
Beginner-Fri.	6:15-7:15	306508-02
Advanced-Fri.	7:15-8:15	306508-03

Fee: \$119/child
Dates: 10 Weeks beginning January 5

Tumbling–Spring

Beginner-Mon.	4:00-5:00	406508-01
Beginner-Fri.	6:15-7:15	406508-02
Advanced-Fri.	7:15-8:15	406508-03

Fee: \$109/child
Dates: 8 Weeks beginning April 6

Recreation Classes

Children must be 5 years old by the start of the session. Classes follow guidelines developed by USA Gymnastics. Emphasis is on individual skill development in tumbling, floor, balance beam, vault and bars. Classes are divided by ability levels to ensure that all gymnasts progress in a safe and appropriate manner. **Parents will be allowed to watch the first and final class only.**

Beginner: Everyone enters at the beginner level. The basics of gymnastics are taught at this stage. Gymnasts who are new to program but have some gymnastics experience may call to be tested. **Advanced Beginner (USAG Pre Level 1):** Gymnasts enter after they master a forward roll to stand, backward roll to stand, cartwheel, and $\frac{3}{4}$ handstand. **Intermediate (USAG Level 1):** Gymnasts enter after they have mastered a handstand, round-off, backward roll to push-up position, standing back bend, and one pull-up with their chin passing above the bar. To be eligible for the Glastonbury Gymnastics Club Intro Team (USAG Level 2), gymnasts must be able to do a backbend kick-over, handstand forward roll, pull-over mount on bars, back hip circle on bars, three pull ups with chin passing above the bar, and one split. **Gymnasts must be tested by the Director to move to Level 2 Intro Team.**

14. Gymnastics Lessons & Team

Recreation Classes are offered as follows:

Gymnastics Lessons-Winter

Beg & Adv – Tues.	3:30-4:30	306108-01
Beg & Adv – Thurs.	3:30-4:30	306108-02
*All Levels – Tues.	4:35-5:35	306108-03
*All Levels – Thurs.	4:35-5:35	306108-04
*All Levels – Wed.	4:10-5:10	306108-05
*All Levels – Wed.	5:15-6:15	306108-06
*All Levels – Fri.	4:10-5:10	306108-07
*All Levels – Fri.	5:15-6:15	306108-08

*Combination class where kids are grouped according to level.

Fee: \$119/child
 Dates: 10 Weeks beginning January 5

Gymnastics Lessons-Spring

Beg & Adv – Tues.	3:30-4:30	406108-01
Beg & Adv – Thurs.	3:30-4:30	406108-02
*All Levels – Tues.	4:35-5:35	406108-03
*All Levels – Thurs.	4:35-5:35	406108-04
*All Levels – Wed.	4:10-5:10	406108-05
*All Levels – Wed.	5:15-6:15	406108-06
*All Levels – Fri.	4:10-5:10	406108-07
*All Levels – Fri.	5:15-6:15	406108-08

*Combination class where kids are grouped according to level.

Fee: \$109/child
 Dates: 8 Weeks beginning April 1

Competitive Team

Gymnasts must be tested by the Director in order to be placed on team. Team gymnasts work out between 4.5-7.5 hours/week, allowing them flexibility to participate in other sports and/or activities that are important to them. Level 3-9 gymnasts compete at sanctioned USA Gymnastics and YMCA events. All Team Gymnasts must also be current members of USA Gymnastics (\$49) and the Glastonbury YMCA. Fees will be collected by the Gymnastics Director.

Gymnastics Team-Winter

Level 2 (Intro Team)	306208-01
Mon. 4:00-6:10 & Fri. 6:15-8:30	
Level 3 (Choose any 3 nights)	306208-02
Mon. 4:00-6:10; Tues. 5:35-8:05; Thurs. 5:35-8:05	
Fri. 6:15-8:30	
Level 4 (Choose any 3 nights)	306208-03
Mon. 6:00-8:30; Tues. 5:35-8:05; Wed. 6:15-8:30	
Thurs. 5:35-8:05	
Level 5+	306208-04
Mon. 6:00-8:30; Tues. 5:35-8:05; Wed. 6:15-8:30	
Thurs. 5:35-8:05	

Fees: \$239/ Level 2; \$259/Level 3, 4 & 5+
 Dates: 10 Weeks beginning January 5

Gymnastics Team-Spring

Level 2 (Intro Team)	406208-01
Mon. 4:00-6:10 & Fri. 6:15-8:30	
Level 3 (Choose any 3 nights)	406208-02
Mon. 4:00-6:10; Tues. 5:35-8:05; Thurs. 5:35-8:05	
Fri. 6:15-8:30	
Level 4 (Choose any 3 nights)	406208-03
Mon. 6:00-8:30; Tues. 5:35-8:05; Wed. 6:15-8:30	
Thurs. 5:35-8:05	
Level 5+	406208-04
Mon. 6:00-8:30; Tues. 5:35-8:05; Wed. 6:15-8:30	
Thurs. 5:35-8:05	

Fees: \$219/Level 2; \$239/Levels 3, 4 & 5+
 Dates: 8 Weeks beginning April 1



Xcel Team

Compete without the rigorous demands of regular competitive team. Silver gymnasts must be able to do a vertical handstand, round-off, backward roll to push-up position, standing back-bend, and one pull up with chin passing above the bar. Gymnasts must be tested by the Director for placement.

Gymnastics Team-Winter

Silver	306208-05
Mon. 4:10-6:10; Fri. 6:15-8:30	
Gold/Platinum (Choose any 3 nights)	306208-06
Mon. 6:00-8:30; Tues. 5:35-8:05; Wed. 6:15-8:30	
Thurs. 5:35-8:05	

Fees: \$239/Silver; \$259/Gold/Platinum
 Dates: 10 Weeks beginning January 5

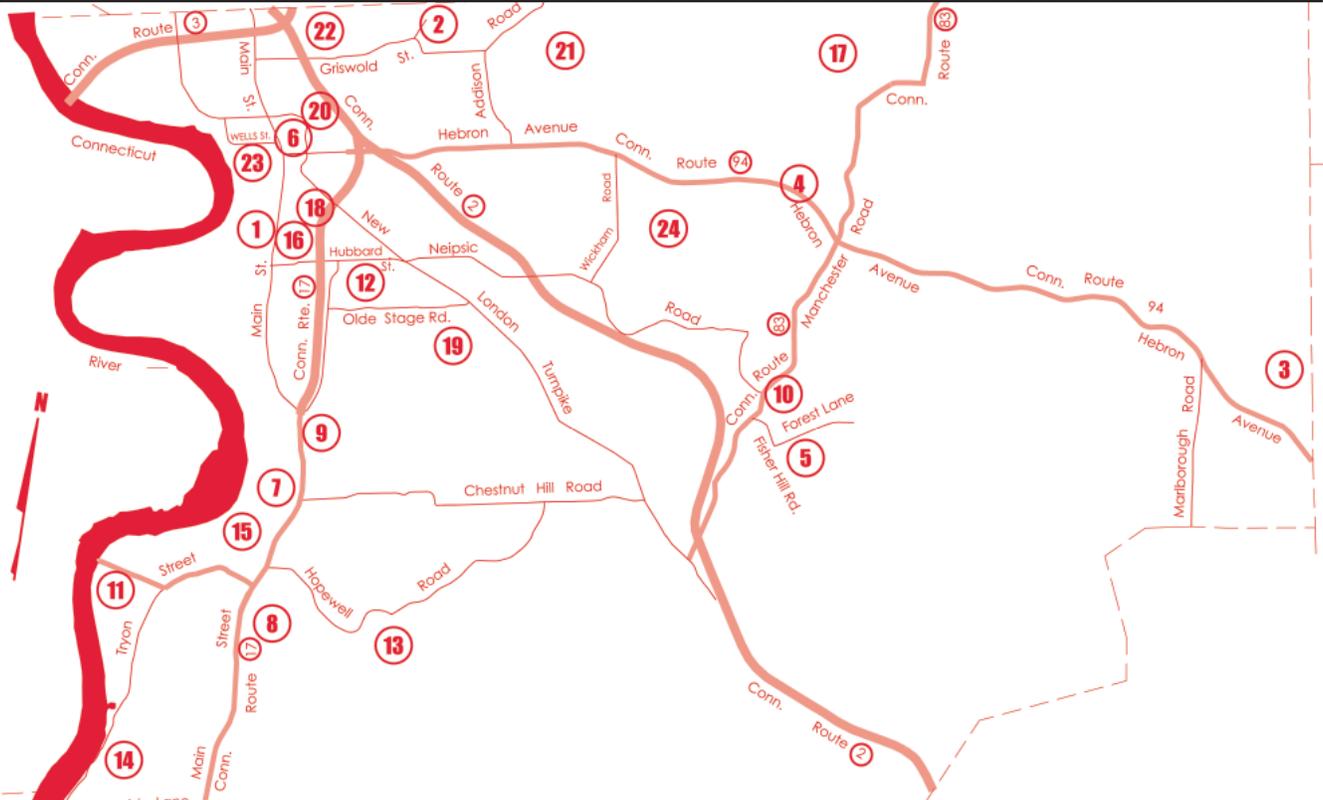
Gymnastics Team-Spring

Silver	406208-05
Mon. 4:10-6:10; Fri. 6:15-8:30	
Gold/Platinum (Choose any 3 nights)	406208-06
Mon. 6:00-8:30; Tues. 5:35-8:05; Wed. 6:15-8:30	
Thurs. 5:35-8:05	

Fees: \$219/Silver; \$239/Gold/Platinum
 Dates: 8 Weeks beginning April 1

15. Parks & Facilities

Map Location	Parks & Recreation Facilities	Address	Acres	Baseball/Softball	Basketball	Comm. Garden	Cross Country Ski	Fishing	Football	Golf	Hiking/Walking	Ice Skating	Lacrosse	Open Space	Picnic Areas	Picnic Pavilion	Playground	Soccer	Streambelt	Swimming	Tennis	
1	Academy Field	2143 Main St.	4.0	X											X							
2	Addison Park	415 Addison Rd.	32.9	X	X								X		X		X	X		X	X	
3	Blackledge Falls	Hebron Ave.	80.0								X			X					X			
4	Buckingham Park	1285 Manchester Rd.	35.3	X							X				X		X	X				
5	Butler Field	225 Forest Lane	11.6	X							X				X							
6	Center Green	2340 Main St.	.9											X	X							
7	Cider Mill Open Space	1287 Main St.	21.8											X								
8	Cotton Hollow Preserve	Hopewell Rd.	83.2					X			X								X			
9	Earle Park	1375 Main St.	39.1								X			X								
10	Eastbury Pond	39 Fisher Hill Rd.	9.4					X				X								X		
11	Ferry Landing	Ferry Lane	3.8					X			X			X	X							
12	Glastonbury High School	330 Hubbard St.	72.7	X	X				X				X					X		X	X	
13	Grange Pool	500 Hopewell Rd.	8.9												X					X		
14	Great Pond Preserve	Great Pond Rd.	42.9								X			X								
15	High Street Park	30 High St.	3.4	X													X	X				
16	Hubbard Green	1946 Main St.	5.7											X	X							
17	Minnechaug Golf Course	16 Fairway Cr.	58.5							X												
23	Riverfront Park	200 & 252 Welles St.	44.1	X	X			X			X	X	X	X	X	X	X	X	X	X		
18	Ross Field	45 Canione Rd.	5.0	X		X									X		X					
20	Rotary Field	358 Old Stage Rd.	7.7	X												X	X					
19	Salmon Brook Park	New London Tpk.	10.9					X				X		X	X					X		
20	Smith Middle School	216 Addison Rd.	149.7	X				X					X	X				X	X			
21	Welles Park	185 Griswold St.	11.6	X	X												X	X				
22	Williams Park	789 Neipsic Rd.	161.9	X			X	X			X	X			X	X	X					



Academy Teen Center

A drop in center featuring pool, table tennis, air hockey, foosball, arts & crafts, homework room with computers that have monitored internet access, and special activities. Transportation is provided for after-school hours from Smith Middle and Gideon. At Smith, you must sign up at the main office before 7th period and at Gideon you must bring a note and sign up in the main office. Daily admission fees will be collected at the Teen Center for those who do not have passes. The Teen Center has many benefits including:

- Transportation during after-school hours
- Wii and PS2 Wednesdays
- Friday Movies (Free popcorn)
- Staff Supervision (CPR and First Aid Certified)
- Special Events (Community Service Opportunities, Theme Days, Holiday Celebrations, and Field Trips)

Teen Center

School Year Pass 6-8 208005-03

Fee: School Year Pass (Grades 6-8): \$59
Daily Admission: \$4/person
Location: Academy Building (2143 Main St.)
Grades 6-8: Wednesday, Thursday, Friday
3:00-6:30 p.m.
April Vacation: April 14-16 (Tuesday-Thursday)
2:00-6:00 p.m. (Open to Grades 6-9)

Friday Night Club

Have some fun and make some new friends! Fun Friday night activities are planned for individuals with special needs who are 16 and older from Glastonbury and Glastonbury Special Olympics participants and their Guests. Program staff provides general supervision and participants requiring more assistance to participate are welcome to bring a family member, friend, or personal assistant. Activities include several off-sites (bowling, movies, theater performances, etc...) as well as on-site time for themed activities (dance party, karaoke, bingo night). Participants will also utilize the Teen Center for pool, air hockey, foosball and games. A schedule of activities is sent via e-mail in January. Please call the Parks and Recreation office (860)652-7679 or Academy Teen Center (860)652-7838 with any questions.

The ATC Gives a Little TLC!

You'll definitely want to come by the Teen Center the week of February 9th as we participate in Random Acts of Kindness week! The Teen Center has a lot of fun and inspiring activities in store. It's an entire week dedicated to helping others and making people feel good about themselves. Please join us in the kindness movement. You'll feel great, we promise!

Teen Trip Series

(Teens in grades 6-9)

Enjoy a Friday night out with your friends! Plus, have dinner and beverages at the Teen Center before you depart. Academy After Dark on 2/13 will be held at the Teen Center and will include pizza/dessert and a movie. Supervision by Teen Center staff. 6-8 graders can take the bus to the Teen Center and stay until it's time to go. Limited to the first 15 people.

Teen Activities

Laser Quest	208004-08
Academy Movie	208004-12
Aerial Adventure	208004-14
Sonny's Mini Golf	208004-11

Fee: \$25/Off-Site Trips
\$10/Academy After Dark On-Site
Meets: Fridays
Laser Quest: January 16, 2015
Academy After Dark: February 13, 2015
Soarin' Aerial Adventure: March 6, 2015
Sonny's Mini Golf: May 15, 2015
Location: Depart Academy Building 5:30 p.m.;
Return at approximately 9:30 p.m.

High School Open Gym

(Grades 9-12)

Activities include pick up basketball. Students must bring their school ID.

Fee: FREE
Meets: Monday 7:30-9:30 p.m.
Location: Glastonbury/East Hartford
Magnet School
Dates: Ends April 27



Locker Room Open House

Thursday, March 26 from 4:00-6:30 p.m.
Academy Teen Center (2143 Main St.)

Come shop for FREE! The Locker Room currently has soccer cleats, shin guards, soccer balls, baseball cleats, basketball shoes and, basketballs. If we don't have what you need, we'll take your information and get in touch as soon as equipment becomes available. If you're unable to attend the open house and are in need of equipment please contact Katryna Albert at (860)652-7838 (or e-mail teen.center@glastonbury-ct.gov).

Donations and Trade-ins are appreciated!

Have a pair of basketball shoes, cleats or shin guards that are just too small? Trade them in for a bigger size!

17. Teen Programs

Ski & Snowboard Vacation Trips

(Teens in grades 6-12)

Visit Mohawk Mountain in December and Ski Sundown in February. Mohawk Mountain features 107 skiable acres and is Connecticut's largest and oldest ski area! Ski Sundown offers 65 acres of terrain for the skier and boarder to enjoy including a terrain park for beginners and more advanced snow enthusiasts!

Location: Depart Academy Building 8:00 a.m.
Return at approximately 6:15 p.m.
Dates: Mohawk
Monday, December 29
Ski Sundown
Tuesday, February 17

Option 1: Lift Only

Lift ticket ONLY. No rentals or lessons.

Ski Trip December

Dec. Lift (Mohawk) 208104-02

Ski Trip February

Feb. Lift (Sundown) 408104-14

Fees: Lift \$49

Option 2: Lift & Rental

Lift ticket and rentals. No lessons. Choose from Ski or Snowboard. Helmet Rentals offered separately at Mohawk and are not available at Mount Southington.

Ski Trip December

Dec. Ski (Mohawk) 208104-04

Dec. Snow (Mohawk) 208104-06

Helmet Rental (Mohawk) 208104-11

Ski Trip February

Feb. Ski (Sundown) 408104-15

Feb. Snow (Sundown) 408104-16

Fees: Ski Lift & Rental \$79
Snowboard Lift & Rental \$79
Helmet Rental \$10

Option 3: Beginner Lift, Lesson, Rental

Beginner Lesson, Beginner lift ticket, and rental. Choose from Ski or Snowboard. BEST BUY!!

Ski Trip December

Dec. Learn Ski (Mohawk) 208104-08

Dec. Learn Sno (Mohawk) 208104-10

Ski Trip February

Feb. Learn Ski (Sundown) 408104-17

Feb. Learn Sno (Sundown) 408104-18

Fees: Learn Ski \$99; Learn Sno \$99

Spring Teen Vacation Camp-NEW!

(Youth currently in grades 6-10)

A shorter version of our popular summer program! All trips will be included in the fee. Tentatively scheduled trips are as follows:

Day 1: Launch Trampoline Park
Day 2: Nomads Adventure Aerial Course
Day 3: Dave & Busters

Vacation Activities-Spring

Vacation Camp 412104-02

Fee: \$125/person
Meets: Tuesday-Thursday 9:00 a.m.-3:00 p.m.
Location: Academy Building
Dates: April 14, 15, 16

Girls in Stride Running-Middle School

(Grades 6-8)

This program is specifically developed for middle-school aged girls. Help your daughter gain confidence, build self-esteem, and lead her to a path of health and fitness. This program is offered for all levels of runners. As part of the program, the girls will be exposed to goal setting and planning, mechanics of running, journaling, nutrition, and mental preparation. The training program will incorporate running drills that will enhance power, stability, agility, and endurance. This complete fitness program will complement and enhance the instruction that she may be receiving in another sport. In addition to the Wednesday sessions, there will be other opportunities for running workouts and home based strength exercises. The program will culminate with the Firecracker 5K Run on June 28. Registration fee includes a tee shirt and training journal. In case of inclement weather, the program will be held inside at the Academy Building. Race registration is not included in the program fee.



Running Programs

Girls in Stride MS 203105-MS

Fee: \$79/Person
Meets: Wednesdays 3:30-4:30 p.m.
Location: Academy Softball Field
Dates: 5/6-6/24





Over 30 Basketball

(Glastonbury residents ages 30 and up)
A great opportunity to compete with other individuals in your age group. Season passes may be purchased at the Parks and Recreation office or at the gym.

Fee: Season Pass: \$35/pass
Daily Admission: \$3/person
Meets: Tuesday 7:30-9:30 p.m.
Location: Smith Middle Main Gym
Dates: Program ends April 28

Open Gym

(18 & up-out of high school)
Get out of the work week rut with invigorating exercise. Activities include pick-up basketball and volleyball. Season passes may be purchased at the Parks and Recreation office or at the gym.

Fee: Season Pass: \$35/pass
Daily Admission: \$3/person
Meets: Monday 7:30-9:30 p.m.
Saturday 2:00-6:00 p.m.
Sunday 1:00-5:00 p.m.
Location: Monday @ Smith School Gym
Saturday & Sunday @ GHS Gym
Dates: Monday Program ends June 8
Weekend Program ends April 26

Open Volleyball

Enjoy a friendly pick up volleyball game with men and women of various skills. An adult program for ages 18 and over, must be out of high school. Recreational style play that is enjoyable for everyone.

Fee: \$35/Yearly Pass (Resident)
\$70/Yearly Pass (Non-Resident)
\$3/Daily Admission (Resident)
\$6/Daily Admission (Non-Resident)
Meets: Tuesday: 7:30 - 9:30 p.m.
Location: Smith Middle School Auxiliary Gym
Dates: Program ends April 28

5K Training Program

5K Training Program
(Adults Ages 18 and Up)
Want to get into running or back into running? A 5K is definitely within your reach! Join us for a beginners-intermediate running program that will help you train to complete a 5K race. Succeed as part of a group under the supervision and guidance of an experienced trainer/coach. This 8 week training program culminates at the Bill Landers Memorial 5K Race in Glastonbury on May 9th. Race registration fee not included in the price.

Check it out...it's NEW!

Adult Running Programs

5K Training Program 407509-S1

Fee: \$52
Meets: Mondays 5:30-6:15 p.m.
Dates: March 16-May 4
Location: Multi Use Trail - Smith Middle School
Lower Parking Lot
Instructor: Personal Euphoria

Adult Golf Lessons

(Ages 18 & Up)
Let the Connecticut School of Golf get you ready to hit the links! Great for beginners and those with some experience who are looking to improve their game. Basic fundamentals including grip, stance, posture, swing and drills will be covered. Equipment provided for those who need it.

Golf Lessons

Adult 4010005-02

Fee: \$60/person
Meets: Thursday 6:30-7:30 p.m.
Location: Gideon Welles (Outdoors)
Dates: 4 Weeks April 9-May 7 (No Class 4/16)
Instructor: Tom Keslow, CT School of Golf

Spring Adult Tennis

(Ages 17 and Up)
Tennis lessons are broken down into four lesson groups. This allows instructors to give more emphasis on specific skills within those groups. All lessons are taught at the Glastonbury High School Tennis Courts. Students must provide their own racquet. Level 1 is for those with little or no tennis experience. Level 2 is for those who can hold a racquet properly, understand the basics of forehand and backhand groundstrokes and can hit at least 3 times from the center service line. Level 3 is for those who understand the basics of rallying, can hit forehand and backhand groundstrokes at least 3 times from the baseline with both, can perform the basics of a serve and know how to keep score. Level 4 is for those who consistently rally forehand and backhand 4-6 times from the baseline, can serve, can hit overhead and approach shots, and understand the rules of the game and proper tennis etiquette.

Spring Adult Tennis Lessons

Level	11:00 a.m.
Levels 1-4	422281-AA
Students will be divided according to skill.	

Fee: \$37/Session
Meets: Saturday 11:00 a.m.-11:55 a.m.
Location: GHS Tennis Courts
Dates: April 25-May 30 (No Class 5/23)

19. Adult Programs

Minnechaug Golf Course

Minnechaug Golf Course is the Town owned, 9 hole golf course located at 16 Fairway Crossing. It's a family friendly course that offers a challenge for the experienced golfer, but with three par 3 holes, is a great learning environment for those new to the game of golf. The island green featured on the par 3, 126 yard 8th hole is one of the most exciting golf holes in the area. The course offers weekday and weekend leagues for both men and women. Our PGA professional, Rick Cardoza, also runs a variety of clinics, camps and lessons for youth and adults. Forming a league is easy as it only requires 8 players to get one started. For more information, contact Minnechaug Golf Course at (860)643-9914.

Check out the Glastonbury Dog Park!

With over 2,000 licensed dogs in town, local dog lovers raised the funds needed to build the town's first dog park which opened in May, 2011. The dog park is a fenced-in area where dogs can run and socialize off-leash legally and safely. A separate area for small dogs is also included. Some of the park amenities include benches, waste receptacles, dog litter bags, water stations and more! The park is located within the Riverfront Park, 200 Welles Street, Glastonbury. For more information, visit <http://dogpark.glastonbury-ct.gov>

Introduction to Dog Sports-NEW!

This is a class to discover if you and your dog have a passion for a particular dog sport. It is a great way to find a new activity for you to enjoy with your dog. Participating in dog sports builds teamwork, focus and is FUN! You and your dog will be able to try agility, nose work, rally and learn some dance moves. For dogs over 6 months old which have basic training skills.

Dog Obedience Classes

Dog Sports 410101-DS

Fee: \$100/Session
Meets: Mondays 6:30-7:30 p.m.
Location: Academy Cafeteria
Dates: February 23-April 6
Instructor: Deanna Nickels, ABCDT

Focus on Focus with your Dog

Does your dog get rambunctious, excited and uncontrollable? This class teaches self-control techniques to calm your dog around distractions. Owners will benefit by learning better communication methods and skills to help your dog succeed in everyday life. Learn twenty plus focus exercises and management tools that will help your dog with loose

leash walking, settling in different environments, greeting people, excessive barking and fearful behaviors. Teach your dog that the job it gets paid for is to pay attention. For dogs over 6 months old that have had basic training.

Dog Obedience Classes

Dog Focus 410101-DF

Fee: \$100/Session
Meets: Mondays 7:45-8:45 p.m.
Location: Academy Cafeteria
Dates: February 23-April 6
Instructor: Deanna Nickels, ABCDT

Trick Training & Games with your Dog

Have a super-talented pooch that yearns to learn? Is your dog using its brains to get in trouble around the house? Teaching tricks is a fun, great mental exercise and a great way to use that extra energy. This class is devoted to learning new tricks and teaching games to your dog to improve their behavior and strengthen your relationship. In this class you use trick training methods and your imagination to teach your dog things you never thought possible. Also included is agility for fun and some great games. For dogs over 6 months old which have basic training skills.

Dog Obedience Classes

Trick Training 410101-TT

Fee: \$100/Session
Meets: Wednesdays 10:00-11:00 a.m.
Location: Academy Cafeteria
Dates: February 25-April 8
Instructor: Deanna Nickels, ABCDT

Loose Leash Walking - Stop your Dog from Pulling on your Leash!

Would you like to go on a walk with your dog without being pulled? This dog training class will teach you how to teach your dog polite leash manners. The class will include teaching your dog to pay attention to you during walks, not to pull while on the leash, to leave undesirable items and calm human greeting skills. This class is for dogs over 6 months of age.



Dog Obedience Classes

Loose Leash Walking 410101-LL

Fee: \$100/Session
Meets: Wednesdays 11:15 a.m.-12:15 p.m.
Location: Academy Cafeteria
Dates: February 25-April 8
Instructor: Deanna Nickels, ABCDT

Senior Fitness

(Adults 55 and up)

Designed for the active older adult that includes a warm-up, low impact aerobics, muscular conditioning, core strengthening and focuses on increasing flexibility, joint mobility, balance and coordination. Bring sneakers and water bottle. Weights, exercubes, dynabands, 10" play balls and mats optional.

Cardio, Core and More

(Ages 18 and Up)

Burn calories, strengthen and tone your muscles, and challenge your core all this and more when you try Cardio, Core, and More class! This heart pumping full body strength training class will firm your muscles while strengthening your core. Activities include interval training, floor/core exercises, Hi-Lo aerobics, while using hand weights, resistance tubes and bands, and stability balls. Modifications are provided as needed for this energizing work-out! Bring a mat, water, hand weights, and appropriate footwear (stability ball optional).

Zumba

(Adults 18 & up)

A fusion of Latin and International music-dance that features aerobic and fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body and maximize caloric output and fat burning.

Hatha Yoga Evening

(Adults 18 and up)

For both the beginner and more advanced students. Regardless of your physical condition, experience your body like never before. Please bring a rug or mat to. New 8 week Spring session.

Yogalates

(Ages 18 and Up)

Strengthen and lengthen your muscles through a blend of Yoga positions and Pilates exercises. Develop core strength, improve flexibility, and learn to integrate various Yoga breaths. End with a period of relaxation and meditation that leaves your focused and energized!

Class	Location	Meets	Session	Dates	Fee	Activity Code	
Senior Fitness (Eliza's Energy Source)	Riverfront Community Center	Mon, Wed, Fri 8:45-9:45 a.m.	Winter	Jan. 5-April 6	\$58	307027-DA	
			Spring	April 20-June 22	\$49	407027-AA	
		Mon, Wed, Fri 9:55-10:55 a.m.	Winter	Jan. 5-April 6	\$58	307027-DD	
			Spring	April 20-June 22	\$49	407027-AB	
		Mon, Wed, Fri 11:05-12:05 p.m.	Winter	Jan. 5-April 6	\$58	307027-DE	
			Spring	April 20-June 22	\$49	407027-AC	
Cardio, Core and More (Eliza's Energy Source)	Eastbury School Gym	Mon, Wed 6:00-7:00 p.m.	Winter	Jan. 12-April 1	\$85	307104-W1	
			Spring	April 20-June 8	\$49	407104-S1	
Hatha Yoga Evening (Kalpana Patel)	Academy Multi-Purpose (Mon & Wed)	Mon & Wed 6:00-7:30 p.m.	Winter-1	Jan. 5-Feb. 18	\$65	307001-A	
			Winter-2	March 2-April 8		307001-BB	
	Academy Cafeteria (Tues)	Tuesday 6:00-7:30 p.m.	Winter-1	Jan. 6-Feb. 10	\$38	307001-AA	
			Winter-2	March 3-April 7		307001-CC	
			Mon & Wed 6:00-7:30 p.m.	Spring	April 20-June 15	\$85	407001-MW
				Spring	April 21-June 9		\$52
Zumba (Eliza's Energy Source)	Riverfront Community Center	Mon & Wed 5:30-6:30 p.m.	Winter-1	Jan. 12-Feb.18	\$59	307209-CC	
			Winter-2	March 4-April 6		307209-DD	
			Spring-1	April 20-May 20	\$45	407209-CC	
			Spring-2	June 1-June 24		407209-DD	
Yogalates (Eliza's Energy Source)	Riverfront Community Center	Tues & Thurs 6:00-7:00 p.m.	Winter-1	Jan. 13-Feb.12	\$59	307108-W1	
			Winter-2	March 3-April 2		307108-W2	
			Spring-1	April 21-May 21	\$59	407108-S1	
			Spring-2	June 2-June 25		407108-S2	

21-Fitness Programs

Total Barre/Barre Physique

(Adults 18 and up)

Barre is a fusion of Pilates, dance, yoga and functional training that will lift, tone, sculpt, define and strengthen your core muscles. This full body class uses the ballet barre and small, isometric, concentrated movements to create lean muscles. Each class incorporates an upper body workout with weights and a combination of high-intensity sequences of thigh, glute and core exercises at the barre. Class is set to upbeat music at a vigorous pace to get your heart pumping! Bring a mat and 1-2 pound hand weights.

Tabata

(Ages 18 and Up)

A specific type of HIIT (high intensity interval training), based on a study that showed increased fitness benefits by doing interval bursts for a short time. After a warm up, class increases intensity with intervals of 20 seconds of high intensity followed by 10 seconds of rest. Workout engages aerobic and anaerobic systems for a full body, fat burning workout. Class includes cardio and strength training. While modifications will be given, this class is very challenging and may not be best for people with knee, ankle or chronic back pain. Bring a mat, water and sneakers.

Pilates Plus Strength

(Ages 18 and Up)

Work your arms, legs, abs, back, and butt, with props that strengthen, tighten and tone the entire body. Integrates lengthening and stretching principles of traditional Pilates and adds strength training. Though exercises might feel more intense, every exercise can be modified for beginner and intermediate levels. Bring a mat, water, and comfortable clothes.

Interval Training

(Ages 18 and Up)

Increase your endurance and aerobic capacity in just two days of training in this high intensity class. We'll focus on endurance and strength training and all-over body toning. You'll be sprinting, jump roping, resistance training, and doing plyometrics (which involves jumping). While modifications will be given, class may not be suitable for those with certain knee or ankle injuries. Bring a mat, towel, and jump rope.

Class	Location	Meets	Session	Dates	Fee	Activity Code
Total Barre (Personal Euphoria)	Academy Cafeteria	Monday 9:30-10:45 a.m.	Winter-1	Jan. 5-Feb. 9	\$27	307203-W1
			Winter-2	March 2-March 30		307203-W2
			Spring-1	April 20-June 15	\$43	407203-S1
		Wednesday 8:15-9:00 a.m.	Winter-1	Jan. 7-Feb. 11	\$32	307203-W3
			Winter-2	March 4-April 8		307203-W4
			Spring-1	April 22-June 10	\$43	407203-S3
Barre Physique (Personal Euphoria)	Academy Multi Purpose Room	Tuesday 6:00-6:40 p.m.	Winter-1	Jan. 6-Feb. 10	\$32	307203-E1
			Winter-2	March 3-April 7		307203-E2
			Spring-1	April 21-June 9	\$43	407203-E1
Tabata (Personal Euphoria)	Academy Multi Purpose Room	Thursday 6:00-6:40 p.m.	Winter-1	Jan. 8-Feb. 12	\$32	307214-W2
			Winter-2	March 5-April 9		307214-W4
			Spring-1	April 23-June 11	\$43	407214-S2
Pilates Plus Strength (Personal Euphoria)	Academy Multi Purpose Room	Tuesday 6:45-7:30 p.m.	Winter-1	Jan. 6-Feb. 10	\$32	307202-W1
			Winter-2	March 3-April 7		307202-W3
			Spring-1	April 21-June 9	\$43	407202-S1
		Thursday 6:45-7:30 p.m.	Winter-1	Jan. 8-Feb. 12	\$32	307202-W2
			Winter-2	March 5-April 9		307202-W4
			Spring-1	April 23-June 11	\$43	407202-S2
Interval Training (Personal Euphoria)	Academy Multi Purpose Room	Monday 9:00-9:45 a.m.	Winter	Jan. 5-March 23	\$54	307204-WM
			Spring	April 20-June 15	\$42	407204-SM
		Monday 9:45-10:30 a.m.	Winter	Jan. 5-March 23	\$54	307204-WN
			Spring	April 20-June 15	\$42	407204-SN
		Wednesday 9:00-9:45 a.m.	Winter	Jan. 7-March 25	\$65	307204-W1
			Spring	April 22-June 10	\$42	407204-S1

Morning Yoga/Stretching

(Adults 18 and up)

Regardless of your physical condition, experience your body like never before with this stretching & breathing routine. Bring a rug or mat. All levels welcome.

Morning Mat Pilates

(Ages 18 and Up)

Designed to develop a strong core while maintaining loose, limber limbs, exercises provide variations to meet the needs of different body types. Strengthen the body while keeping joints mobile and flexible. Bring a mat. Mixed-level class.

Advanced Pilates

Perfect for those who have taken Pilates and know basic exercises. Minimal explanation will be given. Class will move at a faster pace while adding more challenging exercises. Few modifications will be given.

Core Balance

(Ages 18 and Up)

This functionally fun class will promote core awareness by strengthening the core muscles. You will work on balancing while using a flexband and your own body weight. This class will help improve your range of motion, posture and balance, while increasing flexibility. Bring yoga mat and water to class.

Strength Training

Total body strength training will give you a complete workout that will help sculpt, strengthen and reshape your body. We won't skip the core--you'll work the core and more. The class will include standing and floor work so you must be able to get up and down off the floor easily. Bring a yoga mat and free weights.

Now offering a lunch time class!

Class	Location	Meets	Session	Dates	Fee	Activity Code
Morning Yoga/ Stretching (Sheila Frankel)	Riverfront Community Center	Wednesday 9:30-10:30 a.m.	Winter	Jan. 14-March 18	\$40	307026-AA
			Spring	April 8-May 27	\$32	407026-AA
	Academy	Thursday 10:45-11:45 a.m.	Winter	Jan. 15-March 19	\$40	307026-BB
			Spring	April 9-May 28	\$32	407026-BB
Morning Mat Pilates (Personal Euphoria)	Academy Multi Purpose Room	Tuesday 8:30-9:30 a.m.	Winter-1	Jan. 6-Feb. 10	\$36	307201-AA
			Winter-2	March 3-April 7		307201-CC
		Tuesday 9:30-10:30 a.m.	Winter-1	Jan. 6-Feb. 10	\$36	307201-AB
			Winter-2	March 3-April 7		307201-CD
		Thursday 8:30-9:30 a.m.	Winter-1	Jan. 8-Feb. 12	\$36	307201-BB
			Winter-2	March 5-April 9		307201-DD
		Thursday 9:30-10:30 a.m.	Winter-1	Jan. 8-Feb. 12	\$36	307201-BC
			Winter-2	March 5-April 9		307201-DE
		Tuesday 8:30-9:30 a.m.	Spring	April 21-June 9	\$48	407201-AA
		Tuesday 9:30-10:30 a.m.	Spring	April 21-June 9	\$48	407201-AB
Thursday 8:30-9:30 a.m.	Spring	April 23-June 11	\$48	407201-BB		
Thursday 9:30-10:30 a.m.	Spring	April 23-June 11	\$48	407201-BC		
Advanced Pilates (Personal Euphoria)	Academy Multi Purpose Room	Tuesday 10:45-11:30 a.m.	Winter-1	Jan. 6-Feb. 10	\$36	307201-A1
			Winter-2	March 3-April 7		307201-A2
			Spring	April 21-June 9	\$48	407201-A1
Core Balance (Personal Euphoria)	Academy Multi Purpose Room	Friday 9:45-10:30 a.m.	Winter-1	Jan. 9-Feb. 13	\$32	307207-W1
			Winter-2	Feb. 27-April 10		307207-W2
			Spring	April 24-June 12	\$43	407207-S1
Strength Training (Personal Euphoria)	Academy Multi Purpose Room	Wednesday 12:00-12:45 p.m. NEW LUNCH TIME CLASS!	Winter-1	Jan. 14-Feb. 18	\$32	307206-L1
			Winter-2	March 4-April 8		307206-L2
		Friday 9:00-9:45 a.m.	Winter-1	Jan. 9-Feb. 13	\$32	307206-W1
			Winter-2	Feb. 27-April 10		307206-W2
			Spring	April 24-June 12	\$43	407206-S1

23. Swim Descriptions & Pool Schedule

Infants and Toddlers

Age 6 months to 3 years; parents work with their children to become familiar with and safe when in the water/pool environment.

Tots

Ages 3 and 4 years with parents; parents work with their children to learn breath control, submerging in the water, buoyancy /floating on the water; and moving through the water on front and back.

Learn to Swim Program for Level 1 through Level 6

The American Red Cross has revised the Learn-to-Swim program. Please review the information to decide where best to place your child. The new program features an inclusive approach to teaching swimming and water safety together. Level 1 children must be at least 5 years old. To move to the next level students must successfully complete the exit skills for each level before progressing to the next level. All levels include water safety discussions and skills. Those who have done tots, may go to Level 2 when age 5. To enroll for a level, your child must meet the following criteria:

Level 1: Introduction to Water Skills

At least 5 years old with little or no prior water experience.

Level 2: Fundamental Aquatic Skills

Students should be comfortable in and under the water; to be able to float on front and back; and to perform elementary front and back strokes for at least 2 body lengths with or without support.

Level 3: Stroke Development

Students should be able to independently enter; to submerge and blow bubbles; to tread water 15 seconds and to move through the water using simultaneous and alternating leg and arm actions for at least 5 body lengths.

Level 4: Stroke Improvement

Students should be able to survival float; to tread water 30 seconds; to swim front crawl and elementary backstrokes for 15 yards; to perform the dolphin kick for 5 body lengths; to scissors kick for 10 yards; and to do a head first entry into the water.

Level 5: Stroke Refinement

Students should be able to swim front crawl and elementary backstroke for 25 yards each; to swim the side stroke, the breast stroke and the butterfly stroke each for 15 yards; to tread water 2 minutes; to change direction doing an open turn at the wall; to do a foot first surface dive; and do a headfirst entry.

Level 6: Fitness Swimmer

Students should be able to swim both front crawl and elementary backstroke for 50 yards; to swim the back crawl, breaststroke, side stroke and butterfly each for 25 yards; to tread water 5 minutes; to flip turn using both front and back strokes; to dive from pool side and to do tuck and pike surface dives and to scull on the back.

High School Pool Indoor Season (For Residents Only) Beginning January 2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Swim 6:00-7:10A	Adult Swim 6:00-7:10A	Adult Swim 6:00-7:10A	Adult Swim 6:00-7:10A	Adult Swim 6:00-7:10A	Lessons 10:30A-1:15P	
Swim Team 5:30-6:30P	Swim Team 5:30-7:30P	Swim Team 5:30-6:30P	Swim Team 5:30-7:30P	Swim Team 5:30-7:30P	Rec. Swim 1:30-3:00P	Adult Swim 12:00-1:30P
Lessons 6:30-7:30P		Lessons 6:30-7:30P			Adult Swim 3:00-4:00P	Rec. Swim 1:30-3:00P
Adult Lessons 7:30-8:30P	Rec. Swim 7:30-8:30P	Swim Team 7:30-8:30P	Rec. Swim 7:30-8:30P	Rec. Swim 7:30-8:30P	Swim Team 4:00-8:00P	Swim Team 3:00-8:00P
Adult Swim 8:30-9:30P	SCUBA 8:30-9:30P	Adult Swim 8:30-9:30P	Adult Swim 8:30-9:30P	Adult Swim 8:30-9:30P		

Household Poolpass Indoor

HOUSEHOLD POOL PASS FEE:
DAILY ADMISSION FEE:

\$79/Family
Child \$3; Adult \$5

Individual Poolpass Indoor

INDIVIDUAL PASS FEE: \$65/Person

Children's Swim Lessons

Please be advised that if your child is enrolled in the incorrect class, it may not be possible to transfer to the correct class due to enrollment. Include day, level, time and second and third choices on the registration form in case the first choice is full. Otherwise, the first choice will be put on the waiting list. Classes will be held at the GHS Pool. Due to high demand, participants may sign up for 1 class/session. All classes run for 8 weeks.

Fee: \$29/child
 Winter Monday: Begins January 26
 Winter Wednesday: Begins January 21
 Winter Saturday: Begins January 24
 Spring Saturday: Begins March 28



Diving Lessons

(Boys and girls ages 7 and up)
 Impress your friends this summer by performing new spring board dives!

Beginner 1:

Must have passed Level 4 swimming and be able to perform a standing front dive from the board.

Beginner 2:

Must have completed Beginner 1 diving and be able to perform a forward and backward dive.

Intermediate:

Must be able to perform a forward dive, back dive, inward dive, and somersault in any direction.

Advanced:

Must be able to perform inward and reverse dives, forward and backward somersaults, and forward 1/2 twist.

Diving Classes-Spring

Beginner 1 3:30 p.m. 426129-AA
 Beginner 1 4:30 p.m. 426129-AB
 Beginner 2 5:30 p.m. 426129-BB
 Intermediate 6:30 p.m. 426129-CC
 Advance 6:30 p.m. 426129-DD

Fee: \$38/child
 Meets: Sundays (1 Hour Times Above)
 Location: GHS Pool
 Dates: March 1-April 26
 No Class 4/5

Children's Winter Lessons (Saturday) Swim Lessons Winter January 24-March 14					
Level	10:30A	11:00A	11:30A	12:15P	12:45P
Infant/ Toddler		302228-IA			
Tots	302228-KA		302228-KB		
Level 1				302228-AA	302228-AB
Level 2	302228-BA		302228-BB	302228-BC	302228-BD
Level 3	302228-CA			302228-CB	302228-CC
Level 4		302228-DA	302228-DB		
Level 5		302228-EA			302228-EB
Level 6		302228-FA			

Children's Winter Lessons (Monday) Swim Lessons Winter January 26-March 23 (No Class 2/16)		
Level	6:30P	7:00P
Level 1	302129-AA	
Level 2	302129-BA	302129-BB
Level 3	302129-CA	
Level 4		302129-DA
Level 5		302129-EA
Level 6		302129-FA

Children's Winter Lessons (Wednesday) Swim Lessons Winter January 21-March 11		
Level	6:30P	7:00P
Tots	302229-KA	
Level 1		302229-AA
Level 2	302229-BA	
Level 3	302229-CA	302229-CB
Level 4		302229-DA
Level 5		302229-EA

Children's Spring Lessons (Saturday) Swim Lessons Spring March 28-May 30 (No Class 4/4, 5/23)					
Level	10:30A	11:00A	11:30A	12:15P	12:45P
Infant/ Toddler		402128-IA			
Tots	402128-KA		402128-KB		
Level 1	402128-AA			402128-AB	
Level 2			402128-BA	402128-BB	402128-BC
Level 3	402128-CA				402128-CB
Level 4		402128-DA		402128-DB	
Level 5		402128-EA	402128-EB		
Level 6					402128-FA

25 Aquatics Programs

Spring Competitive Swimming Clinic

(Competitive Swimmers ages 7-18 (in High School))

A great opportunity to fine tune your competitive swimming skills with Swim Team Coaches. This program is geared to improve stroke technique with some endurance development. Meets not included.

Spring Swim Clinic 1 (Ages 7-11)

Monday 5:00-5:45 p.m.,

Wednesday & Friday 4:45-5:45 p.m.

Spring Swim Clinic 2 (Ages 11-18)

Tuesday 4:45-5:45 p.m., Thursday 5:00-5:45 p.m. &

Saturday 4:15-5:15 p.m.

Swim Team

Spring Swim Clinic 1 324030-AA

Spring Swim Clinic 2 324030-CC

Fee: \$89/swimmer

Location: GHS Pool

Dates: April 20-May 30

Long Course USA Swimming

Part of the National USA Swimming program. CT USA Swimming membership required. Meets held on weekends at various locations throughout the state. Enrollment in this program automatically enrolls your child on the Summer Recreation Swim Team. GSPO will coordinate membership and meets fees.

Spring Practice:

April 1-Mid June

GHS Pool: Monday-Saturday 5:30-7:30 p.m.

*H.S. Age Swimmers practice from 2:45-5:15 p.m. on Tuesday, Thursday, Friday

Note: No practice on Tuesdays and Thursdays, March 31, April 2, 7, 9

Anticipated Summer Practice:

Mid June-Late July

Addison Pool: Monday-Friday 7:15-9:15 a.m.

Terry Pool (E.Hartford): Monday, Wednesday, Friday 6:30-8:30 p.m.

Swim Team

USA Long Course 324030-BB

Fee: \$598/swimmer

Dates: March 30-Mid July

Lifeguard Training

(Ages 15 years old and up)

Now's your chance to get the training you need to apply for a summer job with Parks and Recreation! Lifeguard Training is an American Red Cross program to certify individuals in the principles of Lifeguard Training. Class includes Standard First Aid and CPR for the Professional Rescuer.

Aquatics Programs

Lifeguard Training Winter 225029-AA

Lifeguard Training Spring 325029-AA

Fee: \$210/person

Winter: Friday, January (5-9:30 p.m.); Saturday, January 10 (10:30 a.m.-6:00 p.m.); Sunday, January 11 (7:00 a.m.-5:00 p.m.); Saturday, January 17 (9:00 a.m.-8:00 p.m.); Sunday, January 18 (8:00 a.m.-12:00 p.m.)

Spring: March 17-April 9
Tuesday, Wednesday, Thursday
4:30-7:30 p.m.

Location: GHS Pool

Water Safety Instructor Course

(Ages 16 years old and up)

Another great opportunity for you to prepare for summer employment. Water Safety Instructor (WSI) is an American Red Cross program to certify individuals in the techniques of teaching swim lessons. Fundamentals of Instructor Training (FIT) must be taken as part of this course. Students must successfully pass both written and skills tests (25 yard front crawl, back crawl, side stroke, breast stroke and elementary back stroke; 15 yard butterfly; tread water for 1 minute; float or skull for 1 minute) and must attend all classes.

Aquatics Programs

WSI Class 325029-BB

Fee: TBA - Check Website in December

Meets: TBA - Check Website in December

Location: GHS Pool





SCUBA

(Ages 10 years old and up)

Upon successful completion of academic and confined water training, a PADI referral letter will be provided so student may complete their certification dives at a PADI Dive Center. Optionally, students may complete their certification dives with Scuba Shack in May, or on a group trip. Upon completion (four dives completed over two days) students will receive a PADI certification card. You must provide your own gear including scuba-quality mask, snorkel, open-heel fins and boots. Scuba Shack offers a 100-Day Satisfaction Guarantee on most gear sold in-store.

Aquatics Programs

Scuba Winter 316129-AA

Registration Fee: \$45/Resident; \$55/Non-Resident
 Additional Costs: \$199/Rental & transportation of tanks (filled), weight, belt, regulator and BCD
 (\$@ SCUBA Shack)

\$138/Online e-Learn Program
 \$37/PADI Training Logbook and Recreational Dive Planner (RDP)

Meets: Tuesdays 6:30-9:30 p.m.

Location: First class held at Scuba Shack in Rocky Hill. Subsequent classes held at GHS.

Dates: Begins January 20 (6 Weeks)
 Recreational Dive Planner (RDP)

Meets: Tuesdays 6:30-9:30 p.m.

Location: First class held at Scuba Shack in Rocky Hill. Subsequent classes held at GHS.

Dates: Begins January 20 (6 Weeks)

Adult Swim Lessons

(Ages 18 and up)

Get the individual attention and personalized instruction that you need to learn to swim or improve your swimming ability.

Swim Lessons Winter

Adult Swim Lessons 301129-AA

Fee: \$29/person

Meets: Mondays 7:30-8:30 p.m.

Location: GHS Pool

Date: January 26-March 23

Boat Launch

Get your boats ready! Beginning Wednesday, March 4th, boat launch permits are available at the Parks and Recreation office located on 2143 Main Street. Boaters must bring proof of residency and a valid boat registration. Office hours are Monday-Friday 8:00 a.m.-4:30 p.m.

The new single boat launch will be open from mid April-November. The launch is located at Riverfront Park, 252 Welles Street, a short walk from Glastonbury center. The park offers 24 boat trailer parking spaces. A covered picnic pavilion, children's playground and walking trails are also available at the park. An attendant will be on duty during the boating season. Restrooms available on site.

Seasonal Permits: Residents: \$60/year
 Non-Residents: \$120/year

Daily Launch: Residents: \$20/day
 Non-Residents: \$40/day



Active & Healthy Living at the Riverfront Community Center Glastonbury Senior Services Come and Join us...



How to Reach Us:

General Program Information: (860) 652-7638
(860) 652-7642
Administrative Fax: (860) 652-7649
Dial-a-Ride Transportation: (860) 652-7643
RCC Event Rentals: (860) 652-7641

Where to Find us:

Riverfront Community Center (RCC)
300 Welles Street
Glastonbury, CT 06033

Our Program Staff:

Patti White, Supervisor of Senior Services
(860) 652-7646
Norma Carey, Program Coordinator
(860) 652-7655
Jane Peters, Building & Rental Manager
(860) 652-7641
Nicole Mercer, Customer Service Representative
(860) 652-7638
Barb Evans, Program Assistant
(860) 652-7638
Debra Morgan, Volunteer Coordinator
(860) 652-7605
Andrea Bouchard, Assistant Program Coordinator (Evenings & Weekends)
(860) 652-7645
Lisa Kociubinski, Friendship Circle Coordinator
(860) 652-7650

Program Information:

To inquire about any of the programs listed on the next few pages, please call (860) 652-7638 or visit the town website for a copy of our monthly newsletter, the Sharing Tree @ www.glastonbury-ct.gov for a complete catalog of courses, events and trips, as well as information on costs and how to register. Registrations may be made in person at the Riverfront Community Center.

Yoga-Hatha

Enhances your lifestyle no matter what age; develops self-discipline; can enhance physical and mental health; improves coordination, concentration.

Fee: Friday \$45 (9 Classes); Monday & Friday \$95 (19 Classes)
Meets: Monday & Friday 10:00-11:00 a.m.
Dates: 1/5-3/16

TaiChi

Excellent form of mind & body fitness for all ages and fitness levels and promotes good health.

Fee: \$60 (10 Classes)
Meets: Thursday 6:00-7:00 p.m.
Dates: 1/8-3/12

Powerful Aging

Increase your strength, endurance, flexibility and balance in this low impact total body workout.

Fee: \$68 (18 Classes)
Meets: Wednesday & Friday 11:00-12:00 p.m.
Dates: 1/7-3/20

Stretchercise

Low impact exercise using stretch bands & weights (provided) to increase your range of motion.

Fee: \$35 (15 Classes)
Meets: Tuesday & Friday 1:30-2:30 p.m.
Dates: Ongoing

Blood Pressure & Wellness Clinics

Blood pressure, medication, symptom management diet and other health concerns can be addressed by a Registered Nurse. Walk-ins encouraged. FREE.

Meets: Friday 10:30 a.m.-Noon
Dates: Check Sharing Tree for Monthly Dates

Healthy Foot Clinic

A Registered Nurse will trim & file toenails, smooth calluses and corns, massage with lotion and powder. Payments must be made at the time of your visit.

Fee: \$29.00
Dates: Appointment Required (860)652-7638

Hearing Screenings

Exams conducted by a licensed hearing specialist. Hearing aids cleaned, checked & minor adjustments made. Appointment Required (860)652-7638. FREE.

Dates: Check Sharing Tree for Monthly Dates

Watercolor Class

Have a great time with fellow students experimenting with styles, and techniques.

Fee: \$20/Class Plus \$10/Supplies
Meets: Saturday 9:30-11:30 a.m.
Dates: 1/10, 1/24, 2/7, 2/21, 3/7, 3/21

Art Classes - Draw your Cherished Pet

Learn different techniques and art forms from a local commissioned artist. Bring a photo of your pet.

Fee: \$20/Class Plus \$10/Supplies
Meets: Saturdays 9:30-11:30 a.m.
Dates: 1/17, 1/31, 2/14, 2/28, 3/14, 3/28

Mixed Media Art & Acrylic Painting

Design your unique art piece from an array of recycled materials. Most supplies provided.

Fee: \$75 (8 Classes)
Meets: Wednesdays 10:00 a.m.-12:30 p.m.
Dates: 1/14-3/4

Ceramics

Students select their own projects using Greenware or clay; kiln & assistance available. FREE.

Meets: Wednesday 1:30-4:00 p.m.
Dates: Ongoing

Creative Crafters

Join other crafters making beautiful arrangements for our troops and local nursing homes. FREE.

Meets: Monday & Thursday 1:00-4:00 p.m.
Dates: Ongoing

Personal Enrichment Activities

Italian Classes (\$5.00)	Level I Thursdays 9:00 a.m.
	Level 2 Thursdays 10:00 a.m.
Book/Author Discussion	3rd Thursday of Month at 10:30 am FREE
Current Events	1st and 3rd Friday of Month at 10:00 am FREE
Men's Discussion Group	3rd Tuesday of the Month at 10:00 a.m.-12:00 p.m. FREE

Computer & Social Media (Free)

IPad Workshops	2nd and 4th Monday of Month
Computer/Kindle	Tuesdays 9:00 a.m.-12:00 p.m.
	By Appointment (Beginning in February)

28 • Dance, Fitness & Recreation

Billiards

Fee: FREE
Meets: Monday, Wednesday, Friday
9:00 a.m.-12:00 p.m.
Check Sharing Tree for Other Times
Dates: Ongoing



Bridge/Setback/Bingo/Mahjonnqg/ Pinochle/Wii Bowling

Fee: FREE
Meets: Check Sharing Tree for Dates/Times
Dates: Ongoing

Broadway Dance

Dance to Broadway tunes while increasing your strength, coordination, balance & flexibility

Fee: \$25.00 (6 Classes)
Meets: Wednesday 1:00-1:45 p.m.
Dates: 2/4-3/11

Tap Dance

Learn a dance form that marks out precise rhythmic patterns on the floor.

Fee: \$25.00 (6 Classes)
Meets: Wednesday 2:00-2:45 p.m.
Dates: 2/4-3/11

Line Dancing

Whether to pop or country music or anything in between, it is a great way to have fun and stay in shape.

Fee: \$55.00 (11 Classes)
Meets: Thursdays 10:30 a.m.-12:00 p.m.
Dates: 1/7-3/18

Pickleball

Join the fun, exercise and socialization. The sport is played on a court with the same dimensions as a doubles badminton court and played with a hard paddle. Originally invented as a backyard pastime, Pickleball is now an organized sport represented by national and international governing bodies.

Fee: FREE
Meets: Tuesday 5:30 p.m.; Saturday 9:00 a.m.
(Saturdays Begin in Late Spring)
Dates: Ongoing

Walking Group

Fee: FREE
Meets: Thursday 8:30 a.m. in RCC Lobby
Dates: Ongoing

Movies at the RCC

Fee: FREE
Meets: Mondays 1:00 p.m.
Saturdays 12:00 p.m.
Dates: Ongoing (Check Sharing Tree for Movie Selections)

Friendship Circle

DO YOU HAVE A LOVED ONE FACING MEMORY LOSS CHALLENGES?

The Friendship Circle is a social engagement program designed for Glastonbury Seniors with early stage dementia. The program provides the opportunity to gain the many benefits derived by being active and socially engaged.

Activities are coordinated by trained staff and volunteers. The program offers a variety of engaging mental and physical activities including music, arts and crafts, exercise, puzzles and plenty of opportunities to enjoy the company of others.

Friendship Circle meets 3 days a week - Tuesday, Wednesday and Thursday usually from 9:45 a.m.-12:45 p.m. A monthly fee of \$100 is charged. Lunch and transportation are included. For more information, contact Lisa Kociubinski at (860)652-7650.

Ukulele Big Sing

Free and open to the public. Sing-a-long to the music of this locally acclaimed Ukulele Band, led by Dr. James Rosokoff.

Fee: FREE
Date: Last Saturday of Each Month at 12:00 p.m.

Fee: \$4.00 Special Ticket Required (Purchase by Monday, 12/15)
Meets: 12:00-1:30 p.m.
Date: Wednesday, December 17, 2014

The Goodspeed Opera House Presents: "Holiday Inn"

Happy holidays! A world-premiere musical about a Connecticut farmhouse transformed into a jubilant nightspot - but only on holidays. Expect a cornucopia of hit songs by Irving Berlin in a dance-dizzy romance based on the classic film that first starred Fred Astaire and Bing Crosby. Before the show enjoy lunch at the Gelston House.

Fee: \$ 90.00 includes Lunch, Show and Transportation
Meets: 10:30 a.m. Leave RCC; Approximate Return is 6:00 p.m.
Date: Thursday, December 11

Holiday Brunch

Enjoy a delicious brunch and holiday sing-a-long. Quiche, Sausage, Assorted Danish, Fresh Fruits, Juices, Coffee & Tea will be available.

Fee: \$4.00
Meets: 10:00 a.m.-12:00 p.m.
Date: Wednesday, December 24

New Year Celebration Luncheon

Entertainment by legendary country and rock musician Bob Giannotti. Start the New Year off with a bang!

Fee: \$4.00
Meets: 12:00-1:30 p.m.
Date: Thursday, January 8, 2015 (Snow date of January 13)

Holiday Luncheon

Entertainment provided by Brian Gillie, long-time international performer, dance educator, swing dance choreographer, singer, songwriter and multi-instrumentalist. Enjoy Cranberry Glazed Chicken Breast, Rice Pilaf, Green Beans, Croissants & Ice Cream Sundae for dessert.

Valentine's Day Luncheon

Entertainment: Heart to Heart with Ashly Cruz
Ashly has appeared on Regis and Kelly with her "Cardio Tango" and has headlined at BB King's Dance Club at Foxwoods Casino on their Thursday "Caribbean Night" and the "Taste of Hartford" event.

Fee: \$4.00 Special Ticket Required
Meets: 12:00-1:30 p.m.
Date: Tuesday, February 24, 2015

Whether you are planning an event for 25 or 250, and are thinking of having a Holiday Party, Sweet 16, Winter Wedding, or Corporate Event, think of the Town's own...

Riverfront Community Center



The Riverfront Community Center is your Affordable Solution to Elegant Affairs!

Call Jane Peters today for more information at (860)652-7641 or email jane.peters@glastonbury-ct.gov
Visit the Town website at www.glastonbury-ct.gov

We look forward to working with you to ensure that your next winter corporate or special event is exceptional!

Glastonbury Parks and Recreation
PO Box 6523
2155 Main Street
Glastonbury, CT 06033

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RESIDENTIAL CUSTOMER

The Parks & Recreation Department has openings for a number of summer jobs. Interested persons may obtain position descriptions including minimum qualifications and applications at 2143 Main Street or at www.glastonbury-ct.gov (Go to Parks and Recreation and select "Employment").

CLOSING DATE FOR APPLICATIONS IS MARCH 6, 2015. Pre-season training and preparation required for all positions. **YOU MUST BE AVAILABLE TO WORK THE DURATION OF THE SUMMER!**

PLAYGROUND TEAM LEADER \$12.25/Hour
(Works with children who have completed Grades K-5). Program runs six weeks June-July Mon.-Fri. 9:00-3:00.

PLAYGROUND LEADER \$10.00/Hour
(Works with children who have completed Grades K-5). Program runs six weeks June-July Mon.-Fri. 9:00-3:00.

TENNIS INSTRUCTOR \$12.00-\$22.00/Hour
(Works with children and adults)
Program runs for eight weeks June-August.

TEEN CAMP COORDINATOR \$12.25/Hour
(Works with children who have completed Grades 6-9). Camp runs for six weeks June-July T, W, TH 9:00 a.m. -3:00 p.m.

TEEN CAMP LEADER \$10.00/Hour
(Works with children who have completed Grades 6-9). Camp runs for six weeks June-July T, W, TH 9:00 a.m. - 3:00 p.m.

GROUP LEADER - CAMP SUNRISE \$11.00/Hour
(Works with children with disabilities ages 3-21). Program meets for seven weeks, June-August M-F, 9-3:00 p.m.

LIFEGUARD I \$9.45/Hour
Flexible schedule, full-time and part-time positions available, days, nights, weekend hours available.

SWIMMING INSTRUCTOR/ LIFEGUARD II \$10.00/Hour
Hours depend on lesson schedules. May also have hours as a lifeguard. Program runs mid-June through Labor Day.